

**R.A.W. UNITED
WOMEN'S SINGLE LIFT
FEDERATION RECORDS:**



UPDATED: 27 APR 2023

YOUTH SINGLE LIFT RECORDS, 13 - Under

Women's 66 lb. class

Age	BENCH	DEADLIFT
7-U	32 F. Caldwell	100 F. Caldwell
8-9	44 F. Dill	120 F. Caldwell
10-11	65 A. Polacek	142 A. Polacek

Women's 77 lb. class

Age	BENCH	DEADLIFT
8-9	52 A. Buitrago	127 A. Buitrago
10-11	70 A. Polacek	157 A. Polacek
12-13	72 A. Polacek	175 A. Polacek

Women's 88 lb. class

Age	BENCH	DEADLIFT
8-9	57 M. Spragis-McM	160 M. Spragis-McM
10-11	52 E. Bilak	148.81 A. Buitrago
12-13	72 N. Norcross	177 N. Norcross

Women's 97 lb. class

Age	BENCH	DEADLIFT
8-9	60 M. Spragis-McM	170 M. Spragis-McM
10-11	62 M. Spragis-McM	170.86 M. Spragis-McM
12-13	77 N. Norcross	209.44 N. Norcross

Women's 105 lb. class

Age	BENCH	DEADLIFT
8-9	55 D. Christian	142 D. Christian
10-11	62 M. Welton	155 M. Welton
12-13	80 E. Burrs	217 E. Burrs

Women's 114 lb. class

Age	BENCH	DEADLIFT
10-11	65 K. Green	190 K. Green
12-13	75 E. Burrs	190 M. Miyzed

Women's 123 lb. class

Age	BENCH	DEADLIFT
12-13	60 S. Bennett	215 S. Bennett

Women's 132 lb. class

Age	BENCH	DEADLIFT
12-13	70 S. Librizzi	200 S. Bennett

Women's 148 lb. class

Age	BENCH	DEADLIFT
OPEN		

Women's 165 lb. class

Age	BENCH	DEADLIFT
OPEN		

Women's 181 lb. class

Age **BENCH** **DEADLIFT**

OPEN

Women's 198 lb. class

Age **BENCH** **DEADLIFT**

OPEN

Women's 198+ lb. class

Age **BENCH** **DEADLIFT**

12-13 **75** **205**
M. Hirsche **M. Hirsche**

TEENAGE SINGLE LIFT RECORDS, 14 - 19

Women's 97 lb. class

Age	BENCH	DEADLIFT
OPEN		

Women's 105 lb. class

Age	BENCH	DEADLIFT
14-15	75 N. Norcross	225 N. Norcross

Women's 114 lb. class

Age	BENCH	DEADLIFT
14-15	87 E. Burrs	225 E. Burrs
16-17	115 A. Thompson	200 A. Thompson

Women's 123 lb. class

Age	BENCH	DEADLIFT
14-15	80 A. Lorusso	180 A. Lorusso

Women's 132 lb. class

Age	BENCH	DEADLIFT
OPEN		

Women's 148 lb. class

Age	BENCH	DEADLIFT
16-17	125 I. Gaskins	225 C. Elkhart
18-19	180 A. Mendes	305 A. Mendes

Women's 165 lb. class

Age	BENCH	DEADLIFT
OPEN		

Women's 181 lb. class

Age	BENCH	DEADLIFT
OPEN		

Women's 198 lb. class

Age	BENCH	DEADLIFT
16-17	95 S. Martin	285 S. Martin

Women's 198+ lb. class

Age	BENCH	DEADLIFT
12-13	OPEN	200 L. Foster
14-15	77.16 M. Hirsche	220.46 M. Hirsche

WOMEN'S SINGLE LIFT RECORDS, OPEN

Women's 97 lb. class

Age	BENCH	DEADLIFT
OPN	120 E. Parker	209.44 N. Norcross

Women's 105 lb. class

Age	BENCH	DEADLIFT
OPN	80 E. Burrs	225 N. Norcross

Women's 114 lb. class

Age	BENCH	DEADLIFT
OPN	115 A. Thompson	265 M. Sadler

Women's 123 lb. class

Age	BENCH	DEADLIFT
OPN	170 L. Hoyt	260 L. Hoyt

Women's 132 lb. class

Age	BENCH	DEADLIFT
OPN	150 K. Bowen	355 S. LaForge

Women's 148 lb. class

Age	BENCH	DEADLIFT
OPN	180 A. Mendes	355 C. Braccio

Women's 165 lb. class

Age	BENCH	DEADLIFT
OPN	170 L. Smiley	370 K. Wallace

Women's 181 lb. class

Age	BENCH	DEADLIFT
OPN	175 R. Jezerinac	375 R. Jezerinac

Women's 198 lb. class

Age	BENCH	DEADLIFT
OPN	190 L. Ferguson	380 L. Ferguson

Women's 198+ lb. class

Age	BENCH	DEADLIFT
OPN	265 A. Stamets	500 A. Stamets

WOMEN'S SINGLE LIFT RECORDS, MASTERS

Women's 97 lb. class

Age	BENCH	DEADLIFT
75-79	42 S. Bohling	127 S. Bohling

Women's 105 lb. class

Age	BENCH	DEADLIFT
OPEN		

Women's 114 lb. class

Age	BENCH	DEADLIFT
40-44	95 M. Sadler	265 M. Sadler

Women's 123 lb. class

Age	BENCH	DEADLIFT
55-59	170 L. Hoyt	260 L. Hoyt

Women's 132 lb. class

Age	BENCH	DEADLIFT
60-64	145 S. LaForge	355 S. LaForge

Women's 148 lb. class

Age	BENCH	DEADLIFT
45-49	140 C. Woldridge	280 C. Woldridge
50-54	OPEN	225 A. Uhl
60-64	145 S. LaForge	350 S. LaForge

Women's 165 lb. class

Age	BENCH	DEADLIFT
60-64	72 M. Love	177 M. Love

Women's 181 lb. class

Age	BENCH	DEADLIFT
45-49	145 K. McLaughlin	225 K. McLaughlin
50-54	170 M. Fejeran	330 M. Fejeran

Women's 198 lb. class

Age	BENCH	DEADLIFT
40-44	190 L. Ferguson	380 L. Ferguson
65-69	92 L. Petersen	205 H. Omundson

Women's 198+ lb. class

Age	BENCH	DEADLIFT
40-44	215 J. Brewer	410 L. Ferguson
50-54	265 A. Stamets	500 A. Stamets
65-69	120 B. Temple	314.16 B. Temple