

**R.A.W. UNITED
MEN'S SINGLE LIFT
FEDERATION RECORDS:**



UPDATED: 27 APR 2023

YOUTH SINGLE LIFT RECORDS, 13 - Under

Men's 66 lb. class

Age	BENCH	DEADLIFT
5-U	22 Cha. Zollo	55 Cha. Zollo
6-7	45 Chr. Zollo	135 Chr. Zollo
8-9	44.08 J. Waters	132.28 J. Waters
10-11	47 T. Fagnoli	135 T. Fagnoli

Men's 77 lb. class

Age	BENCH	DEADLIFT
8-9	45 K. Romeus	115 K. Romeus
10-11	47 K. Caldwell	120 K. Caldwell

Men's 88 lb. class

Age	BENCH	DEADLIFT
10-11	70 C. Brown	172 C. Brown
12-13	65 K. Caldwell	170 K. Caldwell

Men's 97 lb. class

Age	BENCH	DEADLIFT
8-9	45 G. Michocki	147 G. Michocki
10-11	75 A. Waters	167 A. Waters
12-13	82 A. Waters	202 A. Waters

Men's 105 lb. class

Age	BENCH	DEADLIFT
10-11	60 B. Osborn	142 B. Osborn
12-13	80 S. Osborn	155 S. Osborn

Men's 114 lb. class

Age	BENCH	DEADLIFT
10-11	57 P. Mills	135 P. Mills
12-13	93.70 A. Waters	225.97 A. Waters

Men's 123 lb. class

Age	BENCH	DEADLIFT
8-9	55 T. Smith	142 T. Smith
12-13	82 D. Winslow	190 D. Winslow

Men's 132 lb. class

Age	BENCH	DEADLIFT
10-11	85 Q. Bowen	150 Q. Bowen
12-13	150 D. Small	305 D. Small

Men's 148 lb. class

Age	BENCH	DEADLIFT
8-9	52 M. Lundgren	135 M. Lundgren
10-11	105 D. Schmadeke	225 D. Schmadeke
12-13	117 D. Schmadeke	247 D. Schmadeke

Men's 165 lb. class

Age	BENCH	DEADLIFT
12-13	85 A. Lundgren	200 A. Lundgren

Men's 181 lb. class

Age	BENCH	DEADLIFT	
12-13	159.83 D. Schmadeke	325.18 D. Schmadeke	D. Schmadeke

Men's 198 lb. class

Age	BENCH	DEADLIFT
10-11	100 Cu. Logman	205 Cu. Logman
12-13	115 Cu. Logman	255 Cu. Logman

Men's 220 lb. class

Age	BENCH	DEADLIFT
10-11	100 Cr. Logman	205 Cr. Logman
12-13	132 J. Daniels	280 J. Daniels

Men's 242 lb. class

Age **BENCH** **DEADLIFT**

OPEN

Men's 275 lb. class

Age **BENCH** **DEADLIFT**

OPEN

Men's 308 lb. class

Age **BENCH** **DEADLIFT**

OPEN

Men's 308+ lb. class

Age **BENCH** **DEADLIFT**

OPEN

TEENAGE SINGLE LIFT RECORDS, 14 - 19

Men's 114 lb. class

Age	BENCH	DEADLIFT
14-15	90 B. Vergara	240 B. Vergara

Men's 123 lb. class

Age	BENCH	DEADLIFT
14-15	110 J. Allarding	245 C. Williams
16-17	175 M. Weinberg	315 M. Weinberg

Men's 132 lb. class

Age	BENCH	DEADLIFT
14-15	77.16 B. Vergara	220.46 B. Vergara
16-17	195 P. Milburn	370 P. Milburn
18-19	185 M. Weinberg	320 M. Weinberg

Men's 148 lb. class

Age	BENCH	DEADLIFT
14-15	185 D. Small	360 D. Small
16-17	225 P. Milburn	410 P. Milburn

Men's 165 lb. class

Age	BENCH	DEADLIFT
14-15	205 J. Louis	360 C. Wimberly
16-17	240 P. Flamenco	420 C. Keener
18-19	155 J. Airoidi	335 J. Airoidi

Men's 181 lb. class

Age	BENCH	DEADLIFT
14-15	255 J. Louis	460 C. Robinson
16-17	290 AJ Loomis	405 AJ Loomis
18-19	250 L. Bennett	395 L. Bennett

Men's 198 lb. class

Age	BENCH	DEADLIFT
16-17	310 J. Louis	535 C. Robinson

Men's 220 lb. class

Age	BENCH	DEADLIFT
14-15	245 R. Lysne	455 R. Lysne
16-17	270 R. Lysne	551.15 C. Robinson
18-19	275 J. Young	500 D. Schelhammer

Men's 242 lb. class

Age	BENCH	DEADLIFT
14-15	275 C. Palinsky	475 C. Palinsky
16-17	160 V. Chiellini	460 V. Chiellini
18-19	340 D. Samayoa	545 A. Giguere

Men's 275 lb. class

Age	BENCH	DEADLIFT
16-17	330 T. Baune	645 T. Baune

Men's 308 lb. class

Age	BENCH	DEADLIFT
16-17	275 C. Logman	405 C. Logman

Men's 308+ lb. class

Age	BENCH	DEADLIFT
OPEN		

MEN'S SINGLE LIFT RECORDS, OPEN

Men's 114 lb. class

Age	BENCH	DEADLIFT
OPN	93.70 A. Waters	240 B. Vergara

Men's 123 lb. class

Age	BENCH	DEADLIFT
OPN	155 M. Weinberg	285 M. Weinberg

Men's 132 lb. class

Age	BENCH	DEADLIFT
OPN	235 M. Thornton	335 M. Thornton

Men's 148 lb. class

Age	BENCH	DEADLIFT
OPN	225 P. Milburn	440 R. Sheehan

Men's 165 lb. class

Age	BENCH	DEADLIFT
OPN	370 T. Conyers	600.75 T. Conyers

Men's 181 lb. class

Age	BENCH	DEADLIFT
OPN	350 B. Adams	501.55 B. Korkis

Men's 198 lb. class

Age	BENCH	DEADLIFT
OPN	460 J. Sunday	705 J. Sunday

Men's 220 lb. class

Age	BENCH	DEADLIFT
OPN	405 C. Davis	640 J. Jacobs

Men's 242 lb. class

Age	BENCH	DEADLIFT
OPN	405 S. Pruitt	700 S. Pruitt

Men's 275 lb. class

Age	BENCH	DEADLIFT
OPN	470 J. Acevedo	675 S. Plippo

Men's 308 lb. class

Age	BENCH	DEADLIFT
OPN	415 J. Stockton	590 L. Melendez

Men's 308+ lb. class

Age	BENCH	DEADLIFT
OPN	540 R. Hodges	745 R. Hodges

MEN'S SINGLE LIFT RECORDS, MASTERS

Men's 114 lb. class

Age	BENCH	DEADLIFT
OPEN		

Men's 123 lb. class

Age	BENCH	DEADLIFT
OPEN		

Men's 132 lb. class

Age	BENCH	DEADLIFT
55-59	203.9 M. Thornton	319.6 M. Thornton
60-64	235 M. Thornton	325 M. Thornton

Men's 148 lb. class

Age	BENCH	DEADLIFT
55-59	220 M. Thornton	320 M. Thornton

Men's 165 lb. class

Age	BENCH	DEADLIFT
60-64	370 T. Conyers	600.75 T. Conyers
80-84	120 P. Dworkin	205 P. Dworkin

Men's 181 lb. class

Age	BENCH	DEADLIFT
40-44	350 B. Adams	405 D. Angelakopoul
45-49	195 D. Montone	380 D. Montone
60-64	260 R. White	447 S. Tshontikidis
70-74	150 G. Dixon	260 G. Dixon

Men's 198 lb. class

Age	BENCH	DEADLIFT
45-49	350 D. Cochrell	450 D. Cochrell
50-54	180 G. Prince	480 G. Price
55-59	230 D. Atwood	445 D. Atwood
60-64	192 S. Tshontikidis	465 S. Tshontikidis

Men's 220 lb. class

Age	BENCH	DEADLIFT
40-44	285 D. Leonard	540 D. Leonard
55-59	360 J. Jacobs	640 J. Jacobs
60-64	319.67 T. Dozier	530 B. Beekley
70-74	140 G. Dixon	325 G. Dixon

Men's 242 lb. class

Age	BENCH	DEADLIFT
40-44	365 J. Pennington	625 A. Wintersten
55-59	405 J. Allen	600 J. Jacobs
60-64	317 T. Dozier	525 G. Guenther

Men's 275 lb. class

Age	BENCH	DEADLIFT
40-44	365 T. Evans	650 T. Evans
45-49	465 J. Acevedo	700 T. Evans
50-54	470 J. Acevedo	490 J. Acevedo
60-64	265 E. Freysinger	460 E. Freysinger

Men's 308 lb. class

Age	BENCH	DEADLIFT
40-44	440 L. Melendez	550 L. Melendez
45-49	355 D. Nill	575 D. Nill
50-54	405 D. Logman	565 D. Logman

Men's 308+ lb. class

Age	BENCH	DEADLIFT
40-44	540 R. Hodges	745 R. Hodges
45-49	215 T. McLaughlin	750 R. Hodges