

**R.A.W. UNITED
MEN'S FULL POWER FEDERATION
RECORDS:**



UPDATED: 15 MAR 2023

YOUTH FULL POWER RECORDS, 13 - Under

Men's 66 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
5-U	35 Cha. Zollo	22 Cha. Zollo	55 Cha. Zollo	112 Cha. Zollo
6-7	90 E. Spragis-McM	45 Chr. Zollo	135 Chr. Zollo	255 Chr. Zollo
8-9	88.18 J. Waters	44.08 J. Waters	132.28 J. Waters	264.55 J. Waters
10-11	85 T. Fagnoli	47 T. Fagnoli	135 T. Fagnoli	264 T. Fagnoli

Men's 77 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	100 K. Romeus	45 K. Romeus	115 K. Romeus	260 K. Romeus
10-11	92 K. Caldwell	47 K. Caldwell	120 K. Caldwell	259 K. Caldwell

Men's 88 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	107 C. Brown	70 C. Brown	172 C. Brown	349 C. Brown
12-13	115 K. Caldwell	65 K. Caldwell	170 K. Caldwell	342 K. Caldwell

Men's 97 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	110 G. Michocki	45 G. Michocki	147 G. Michocki	302 G. Michocki
10-11	105 A. Waters	75 A. Waters	167 A. Waters	347 A. Waters
12-13	132 A. Waters	82 A. Waters	202 A. Waters	416 A. Waters

Men's 105 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	107 B. Osborn	60 B. Osborn	142 B. Osborn	309 B. Osborn
12-13	115 S. Osborn	80 S. Osborn	155 S. Osborn	350 S. Osborn

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	107 P. Mills	57 P. Mills	135 P. Mills	299 P. Mills
12-13	165.35 A. Waters	93.70 A. Waters	225.97 A. Waters	485.01 A. Waters

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	110 T. Smith	55 T. Smith	142 T. Smith	307 T. Smith
12-13	135 D. Winslow	82 D. Winslow	190 D. Winslow	407 D. Winslow

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	115 Q. Bowen	85 Q. Bowen	150 Q. Bowen	350 Q. Bowen
12-13	225 D. Small	150 D. Small	305 D. Small	680 D. Small

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	112 M. Lundgren	62 M. Lundgren	142 M. Lundgren	316 M. Lundgre
10-11	155 D. Schmadeke	105 D. Schmadeke	247 J. Adams	485 D. Schmade
12-13	170 D. Schmadeke	117 D. Schmadeke	247 D. Schmadeke	534 D. Schmade

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
12-13	170 A. Lundgren	85 A. Lundgren	200 A. Lundgren	455 A. Lundgren

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
12-13	236.99 D. Schmadeke	159.83 D. Schmadeke	325.18 D. Schmadeke	722.01 D. Schmade

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	245 Cu. Logman	115 Cu. Logman	255 Cu. Logman	615 Cu. Logman

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	165 Cr. Logman	100 Cr. Logman	205 Cr. Logman	470 Cr. Logman
12-13	245 Cr. Logman	132 J. Daniels	280 J. Daniels	629 J. Daniels

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 275 lb. class

Age SQUAT BENCH DEADLIFT TOTAL

OPEN

Men's 308 lb. class

Age SQUAT BENCH DEADLIFT TOTAL

OPEN

Men's 308+ lb. class

Age SQUAT BENCH DEADLIFT TOTAL

OPEN

TEENAGE FULL POWER RECORDS, 14 - 19

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	165 B. Vergara	90 B. Vergara	240 B. Vergara	495 B. Vergara

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	190 C. Williams	110 J. Allarding	245 C. Williams	535 C. Williams
16-17	285 M. Weinberg	175 M. Weinberg	315 M. Weinberg	755 M. Weinber

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	154.32 B. Vergara	77.16 B. Vergara	220.46 B. Vergara	451.94 B. Vergara
16-17	330 P. Milburn	195 P. Milburn	370 P. Milburn	895 P. Milburn
18-19	295 M. Weinberg	185 M. Weinberg	320 M. Weinberg	800 M. Weinber

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	265 D. Small	185 D. Small	360 D. Small	810 D. Small
16-17	365 P. Milburn	225 P. Milburn	410 P. Milburn	1000 P. Milburn

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	370 C. Wimberly	205 J. Louis	360 C. Wimberly	910 C. Wimberly
16-17	405 AJ Loomis	290 AJ Loomis	420 C. Keener	1100 AJ Loomis
18-19	355 L. Bennett	250 L. Bennett	395 L. Bennett	1000 L. Bennett

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	365 J. Louis	255 J. Louis	460 C. Robinson	970 J. Louis

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
16-17	410 J. Louis	310 J. Louis	535 C. Robinson	1185 C. Robinson
18-19	275 S. Ramsey	160 S. Ramsey	315 S. Ramsey	750 S. Ramsey

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	385 R. Lysne	245 R. Lysne	455 R. Lysne	1085 R. Lysne
16-17	395 R. Lysne	270 R. Lysne	465 R. Lysne	1130 R. Lysne
18-19	500 D. Schelhammer	275 J. Young	500 D. Schelhammer	1260 D. Schelha

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	290 V. Chiellini	175 V. Chiellini	430 V. Chiellini	895 V. Chiellini
16-17	300 V. Chiellini	160 V. Chiellini	440 V. Chiellini	900 V. Chiellini
18-19	500 D. Samayoa	340 D. Samayoa	545 A. Giguere	1340 D. Samayoa

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
16-17	425 T. Baune	330 T. Baune	645 T. Baune	1400 T. Baune

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
16-17	405 C. Logman	275 C. Logman	405 C. Logman	1085 C. Logman

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

MEN'S FULL POWER RECORDS, OPEN

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	165.35 A. Waters	93.70 A. Waters	240 B. Vergara	495 B. Vergara

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	285 M. Weinberg	175 M. Weinberg	315 M. Weinberg	755 M. Weinber

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	330 P. Milburn	235 M. Thornton	370 P. Milburn	895 P. Milburn

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	365 P. Milburn	225 P. Milburn	440 R. Sheehan	1005 R. Sheehan

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	570 T. Conyers	370 T. Conyers	600.75 T. Conyers	1540 T. Conyers

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	424.39 B. Korkis	290 D. Johnson	501.55 B. Korkis	1190.16 B. Korkis

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	615 J. Sunday	460 J. Sunday	705 J. Sunday	1780 J. Sunday

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	550 J. Jacobs	405 C. Davis	640 J. Jacobs	1570 C. Wood

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	630 R. Finch	405 S. Pruitt	700 S. Pruitt	1700 R. Finch

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	660 S. Plippo	470 J. Acevedo	675 S. Plippo	1755 S. Plippo

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	550 D. Nill	415 J. Stockton	590 L. Melendez	1480 D. Nill

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	690 R. Hodges	540 R. Hodges	745 R. Hodges	1925 R. Hodges

MEN'S FULL POWER RECORDS, MASTERS

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
60-64	185 M. Thornton	235 M. Thornton	325 M. Thornton	745 M. Thornton

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
55-59	235 M. Thornton	220 M. Thornton	320 M. Thornton	775 M. Thornton

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
60-64	570 T. Conyers	370 T. Conyers	600.75 T. Conyers	1540 T. Conyers
80-84	140 P. Dworkin	120 P. Dworkin	205 P. Dworkin	465 P. Dworkin

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	315 D. Angelakopoul	255 D. Angelakopoul	405 D. Angelakopoul	975 D. Angelako
45-49	335 D. Montone	195 D. Montone	380 D. Montone	910 D. Montone
60-64	347 S. Tshontikidis	192 S. Tshontikidis	447 S. Tshontikidis	986 S. Tshontiki
70-74	135 G. Dixon	150 G. Dixon	260 G. Dixon	585 G. Dixon

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
45-49	375 D. Forman	350 D. Cochrell	450 D. Cochrell	1115 D. Cochrell
50-54	480 G. Prince	180 G. Prince	480 G. Prince	1140 G. Prince
55-59	375 D. Atwood	240 D. Atwood	445 D. Atwood	1050 D. Atwood
60-64	365 S. Tshontikidis	192 S. Tshontikidis	465 S. Tshontikidis	1022 S. Tshontiki

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	440 D. Leonard	285 D. Leonard	540 D. Leonard	1265 D. Leonard
55-59	550 J. Jacobs	360 J. Jacobs	640 J. Jacobs	1550 J. Jacobs
60-64	424.39 T. Dozier	319.67 T. Dozier	530 B. Beekley	1190 T. Dozier
70-74	205 G. Dixon	140 G. Dixon	325 G. Dixon	670 G. Dixon

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	500 J. Pennington	365 J. Pennington	625 A. Wintersten	1465 J. Penningt
55-59	560 J. Jacobs	405 J. Allen	500 J. Jacobs	1440 J. Jacobs
60-64	445 G. Guenthetr	317 T. Dozier	525 G. Guenther	1285 G. Guenther

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	555 T. Evans	365 T. Evans	650 T. Evans	1570 T. Evans
50-54	365 J. Acevedo	470 J. Acevedo	490 J. Acevedo	1325 J. Acevedo
60-64	445 E. Freysinger	265 E. Freysinger	460 E. Freysinger	1170 E. Freysing

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	455 L. Melendez	440 L. Melendez	550 L. Melendez	1445 L. Melendez
45-49	550 D. Nill	355 D. Nill	575 D. Nill	1480 D. Nill
50-54	55 D. Logman	405 D. Logman	565 D. Logman	1025 D. Logman

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	690 R. Hodges	540 R. Hodges	745 R. Hodges	1925 R. Hodges
45-49	345 T. McLaughlin	215 T. McLaughlin	375 T. McLaughlin	935 T. McLaugh