

**OREGON:
WOMEN'S FULL POWER STATE
RECORDS
R.A.W. UNITED POWERLIFTING
FEDERATION**



UPDATED: 15 MAR 2023

YOUTH FULL POWER RECORDS, 13-Under

Women's 66 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|------|-------|-------|----------|-------|
| 13-U | OPEN | | | |

Women's 77 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|------|-------|-------|----------|-------|
| 13-U | OPEN | | | |

Women's 88 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|------|-------|-------|----------|-------|
| 13-U | OPEN | | | |

Women's 97 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|------|-------|-------|----------|-------|
| 13-U | OPEN | | | |

Women's 105 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|------|-------|-------|----------|-------|
| 13-U | OPEN | | | |

WOMEN'S FULL POWER RECORDS, ALL AGES

Women's 97 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------|--------------|-----------------|--------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | OPEN | | | |

Women's 105 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------|--------------|-----------------|--------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | OPEN | | | |

Women's 114 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------|--------------|-----------------|--------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | OPEN | | | |

Women's 123 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------|--------------|-----------------|--------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | OPEN | | | |

Women's 132 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------|--------------|-----------------|--------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | OPEN | | | |

Women's 148 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------|--------------|-----------------|--------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | OPEN | | | |

Women's 165 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------|--------------|-----------------|--------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | OPEN | | | |

Women's 181 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------|--------------|-----------------|--------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | OPEN | | | |

Women's 198 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------|--------------|-----------------|--------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | OPEN | | | |

Women's 198+ lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------|--------------|-----------------|--------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | OPEN | | | |