

**IDAHO:
MEN'S FULL POWER STATE
RECORDS
R.A.W. UNITED POWERLIFTING
FEDERATION**



UPDATED: 15 MAR 2023

YOUTH FULL POWER RECORDS, 13-Under

Men's 66 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	45 E. Bowen	35 E. Bowen	50 E. Bowen	130 E. Bowen

Men's 77 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			

Men's 88 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			

Men's 97 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	60 G. MacKinnon	45 G. MacKinnon	85 G. MacKinnon	190 G. MacKinn

Men's 105 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			

FULL POWER RECORDS, ALL AGES

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	60 G. MacKinnon	45 G. MacKinnon	85 G. MacKinnon	190 G. MacKinn
14-15	OPEN			
16-17	OPEN			
18-19	OPEN			
20-24	OPEN			
OPN	OPEN			

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	OPEN			
18-19	OPEN			
20-24	OPEN			
OPN	OPEN			

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	115 Q. Bowen	85 Q. Bowen	150 Q. Bowen	350 Q. Bowen
14-15	215 A. Crea	165 A. Crea	265 A. Crea	645 A. Crea
16-17	OPEN			
18-19	OPEN			
20-24	OPEN			
OPN	215 A. Crea	235 M. Thornton	325 M. Thornton	745 M. Thornton

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	225 J. Louis	180 W. Cook	300 W. Cook	690 J. Louis
16-17	345 A. Crea	225 S. Brown	460 S. Brown	975 S. Brown
18-19	OPEN			
20-24	OPEN			
OPN	345 A. Crea	225 S. Brown	460 S. Brown	975 S. Brown
55-59	235 M. Thornton	220 M. Thornton	320 M. Thornton	775 M. Thornton

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	370 C. Wimberly	205 J. Louis	360 C. Wimberly	910 C. Wimberly
16-17	420 C. Wimberly	240 P. Flamengo	420 C. Keener	1020 C. Wimberly
18-19	OPEN			
20-24	OPEN			
OPN	385 C. Wimberly	240 P. Flamengo	420 C. Keener	1000 C. Keener

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	365 J. Louis	255 J. Louis	460 C. Robinson	970 J. Louis
16-17	405 AJ Loomis	290 AJ Loomis	405 AJ Loomis	1100 AJ Loomis
18-19	355 L. Bennett	250 L. Bennett	395 L. Bennett	1000 L. Bennett
20-24	OPEN			
OPN	405 AJ Loomis	290 AJ Loomis	460 C. Robinson	1100 AJ Loomis

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	410 J. Louis	310 J. Louis	535 C. Robinson	1185 C. Robinson
18-19	OPEN			
20-24	OPEN			
OPN	500 C. Helm	340 D. Cochrell	600 C. Helm	1435 C. Helm
40-44	315 D. Cochrell	340 D. Cochrell	450 D. Cochrell	1105 D. Cochrell
45-49	315 D. Cochrell	350 D. Cochrell	450 D. Cochrell	1115 D. Cochrell
55-59	375 D. Atwood	240 D. Atwood	445 D. Atwood	1085 D. Atwood

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	385 R. Lysne	245 R. Lysne	455 R. Lysne	1085 R. Lysne
16-17	395 R. Lysne	270 R. Lysne	465 R. Lysne	1130 R. Lysne
18-19	OPEN			
20-24	550 C. Wood	380 C. Wood	640 C. Wood	1570 C. Wood
OPN	550 C. Wood	380 C. Wood	640 C. Wood	1570 C. Wood

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	OPEN			
18-19	OPEN			
20-24	OPEN			
OPN	490 I. Fleming	375 D. Gonzalez	630 I. Fleming	1490 I. Fleming
40-44	320 J. Moody	300 J. Moody	365 J. Moody	985 J. Moody

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	400 T. Baune	310 T. Baune	605 T. Baune	1315 T. Baune
16-17	425 T. Baune	330 T. Baune	645 T. Baune	1400 T. Baune
18-19	OPEN			
20-24	OPEN			
OPN	500 C. Berghoff	330 T. Baune	645 T. Baune	1400 T. Baune
40-44	250 B. Miller	295 B. Miller	425 B. Miller	970 B. Miller
50-54	335 J. Martin	315 J. Martin	405 J. Martin	1055 J. Martin
60-64	445 E. Freysinger	265 E. Freysinger	460 E. Freysinger	1170 E. Freysing

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	405 C. Logman	275 C. Logman	405 C. Logman	1085 C. Logman
18-19	OPEN			
20-24	OPEN			
OPN	250 J. Stockton	415 J. Stockton	335 J. Stockton	1000 J. Stockton

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	OPEN			
18-19	OPEN			
20-24	OPEN			
OPN	500 M. Wilfong	325 M. Wilfong	515 M. Wilfong	1340 M. Wilfong
40-44	500 M. Wilfong	325 M. Wilfong	515 M. Wilfong	1340 M. Wilfong
45-49	345 T. McLaughlin	215 T. McLaughlin	375 T. McLaughlin	935 T. McLaugh