

**FLORIDA:
MEN'S FULL POWER STATE
RECORDS
R.A.W. UNITED POWERLIFTING
FEDERATION**



UPDATED: 15 MAR 2023

YOUTH FULL POWER RECORDS, 13-Under

Men's 66 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
5-U	35 Cha. Zollo	22 Cha. Zollo	55 Cha. Zollo	112 Cha. Zollo
6-7	90 E. Spragis-McM	45 Chr. Zollo	135 Chr. Zollo	255 Chr. Zollo
8-9	88.18 J. Waters	44.08 J. Waters	132.28 J. Waters	264.55 J. Waters
10-11	87 T. Fagnoli	47 T. Fagnoli	132 T. Fagnoli	264 T. Fagnoli
12-13	55 D. Walcott	25 D. Walcott	85 D. Walcott	165 D. Walcott

Men's 77 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	OPEN			
8-9	100 K. Romeus	45 K. Romeus	115 K. Romeus	260 K. Romeus
10-11	92 K. Caldwell	47 K. Caldwell	130 K. Caldwell	259 K. Caldwell
12-13	OPEN			

Men's 88 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	OPEN			
8-9	OPEN			
10-11	107 C. Brown	70 C. Brown	172 C. Brown	349 C. Brown
12-13	115 K. Caldwell	65 K. Caldwell	170 K. Caldwell	342 K. Caldwell

Men's 97 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	OPEN			
8-9	110 G. Michocki	45 G. Michocki	147 G. Michocki	302 G. Michocki
10-11	87 De. Landis	57 De. Landis	120 De. Landis	264 De. Landis
12-13	132 A. Waters	82 A. Waters	202 A. Waters	416 A. Waters

Men's 105 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	OPEN			
8-9	OPEN			
10-11	107 B. Osborn	60 B. Osborn	142 B. Osborn	309 B. Osborn
12-13	115 S. Osborn	80 S. Osborn	155 E. Phillips	350 S. Osborn

MEN'S FULL POWER RECORDS, ALL AGES

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	107 P. Mills	57 P. Mills	135 P. Mills	299 P. Mills
12-13	165.35 A. Waters	93.70 A. Waters	225.97 A. Waters	485.01 A. Waters
14-15	165 B. Vergara	90 B. Vergara	240 B. Vergara	495 B. Vergara
16-17	OPEN			
18-19	OPEN			
20-24	OPEN			
OPN	165.35 A. Waters	93.70 A. Waters	225.97 A. Waters	485.01 A. Waters

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	110 T. Smith	55 T. Smith	142 T. Smith	307 T. Smith
12-13	155 A. Asmar	82 D. Winslow	205 A. Asmar	430 A. Asmar
14-15	305 T. Conyers	135 T. Conyers	365 T. Conyers	805 T. Conyers
16-17	285 M. Weinberg	175 M. Weinberg	315 M. Weinberg	755 M. Weinber
18-19	OPEN			
20-24	OPEN			
OPN	285 M. Weinberg	175 M. Weinberg	315 M. Weinberg	755 M. Weinber

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	225 D. Small	150 D. Small	305 D. Small	680 D. Small
14-15	290 T. Conyers	140 J. Kent	360 T. Conyers	790 T. Conyers
16-17	330 P. Milburn	195 P. Milburn	370 P. Milburn	895 P. Milburn
18-19	295 M. Weinberg	185 M. Weinberg	320 M. Weinberg	800 M. Weinber
20-24	OPEN			
OPN	330 R. Sheehan	205 R. Sheehan	435 R. Sheehan	970 R. Sheehan

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	112 M. Lundgren	62 M. Lundgren	142 M. Lundgren	316 M. Lundgre
12-13	170 D. Schmadeke	125 D. Schmadeke	247 D. Schmadeke	534 D. Schmade
14-15	265 D. Small	185 D. Small	360 D. Small	810 D. Small
16-17	365 P. Milburn	225 P. Milburn	440.9 T. Plyler	1000 P. Milburn
18-19	450 J. Dayan	260 J. Dayan	530 J. Dayan	1240 J. Dayan
20-24	320 J. Livingston	205 A. Jani	420 A. Jani	940 A. Jani
OPN	450 J. Dayan	260 J. Dayan	530 J. Dayan	1240 J. Dayan

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
12-13	155 A. Lundgren	75 A. Lundgren	180 A. Lundgren	410 A. Lundgren
14-15	280 A. Vargas	125 A. Vargas	375 A. Vargas	780 A. Vargas
16-17	330 B. Felts	240 B. Felts	430 B. Felts	1000 B. Felts
18-19	340 C. Newton	190 C. Newton	365 C. Newton	895 C. Newton
20-24	390 A. Jani	295 E. Cotroneo	520 A. Jani	1175 A. Jani
OPN	611.8 B. Benedix	370 T. Conyers	600.75 T. Conyers	1540 T. Conyers
40-44	380 R. Earle	290 R. Earle	415 R. Earle	1085 R. Earle
50-54	355 J. Wisenbaker	285 C. Caparella	500 J. Wisenbaker	1135 J. Wisenbaker
60-64	570 T. Conyers	370 T. Conyers	600.75 T. Conyers	1540 T. Conyers
70-74	315 R. Magers	150 R. Magers	420 R. Magers	885 R. Magers
80-84	140 P. Dworkin	120 P. Dworkin	205 P. Dworkin	465 P. Dworkin

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
12-13	273 S. Ramsey	159.83 D. Schmadeke	325.18 D. Schmadeke	722.01 D. Schm
14-15	325 A. Vargas	170 A. Vargas	425 A. Vargas	920 A. Vargas
16-17	320 P. Donahue	240 P. Donahue	380 P. Donahue	940 P. Donahue
18-19	275 J. Cano	170 J. Cano	340 J. Cano	785 J. Cano
20-24	375 J. Reiss	276 R. Rippy	495 J. Reiss	1110 J. Reiss
OPN	540 P. Pires	370 P. Pires	615 P. Pires	1525 P. Pires
40-44	405 I. Hernandez	295 I. Hernandez	425 I. Hernandez	1125 I. Hernande
45-49	335 D. Montone	200 D. Montone	380 D. Montone	910 D. Montone
50-54	420 T. O'Brien	285 T. O'Brien	455 T. O'Brien	1160 T. O'Brien
55-59	375 D. Brewer	240 D. Brewer	440 D. Brewer	1055 D. Brewer
60-64	347 S. Tshontikidis	192 S. Tshontikidis	447 S. Tshontikidis	986 S. Tshon...

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	315 S. Ramsey	145 S. Ramsey	340 S. Ramsey	800 S. Ramsey
16-17	390 B. Wood	250 B. Wood	500 B. Wood	1140 B. Wood
18-19	405 J. Young	245 J. Young	440 J. Young	1090 J. Young
20-24	620 T. Hurst	375 T. Hurst	565 T. Hurst	1560 T. Hurst
OPN	620 T. Hurst	460 J. Sundry	705 J. Sundry	1780 J. Sundry
45-49	355 T. Ramsay	255 T. Ramsay	425 T. Ramsay	1035 T. Ramsay
50-54	480 G. Prince	180 G. Prince	480 G. Prince	1140 G. Prince
55-59	405 S. Tshontikidis	225 S. Tshontikidis	505 S. Tshontikidis	1135 S. Tshontikidis
60-64	365 S. Tshontikidis	192 S. Tshontikidis	465 S. Tshontikidis	1022 S. Tshontikidis
70-74	135 G. Dixon	150 G. Dixon	300 G. Dixon	585 G. Dixon

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
12-13	225 C. Smith	142 C. Smith	320 C. Smith	687 C. Smith
14-15	305 C. Smith	185 C. Smith	405 C. Smith	895 C. Smith
16-17	340 A. Hung	255 S. Mitchell	400 A. Hung	952 A. Hung
18-19	500 D. Schelhammer	275 M. Nawn	500 D. Schelhammer	1260 D. Schelha
20-24	590 B. Elias	380 B. Elias	585 B. Elias	1555 B. Elias
OPN	600 G. Takacs	415 J. Bitter	675 K. Cavinder	1655 G. Takacs
40-44	512.6 C. Rousch	330.7 C. Rousch	562.2 C. Rousch	1405.5 C. Rousch
45-49	545.6 G. Prince	410 J. Whalen	600 J. Cobb	1460 J. Whalen
50-54	125 D. Tracy	190 D. Tracy	265 D. Tracy	680 D. Tracy
55-59	550 J. Jacobs	360 J. Jacobs	640 J. Jacobs	1550 J. Jacobs
60-64	424.39 T. Dozier	325 T. Dozier	530 B. Beekley	1190 T. Dozier
70-74	205 G. Dixon	140 G. Dixon	325 G. Dixon	670 G. Dixon

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	410 C. Palinsky	275 C. Palinsky	475 C. Palinsky	1160 C. Palinsky
16-17	OPEN			
18-19	500 D. Samayoa	340 D. Samayoa	545 A. Giguere	1340 D. Samayoa
20-24	OPEN			
OPN	630 R. Finch	405 K. Cavinder	700 S. Pruitt	1700 K. Cavinder
40-44	500 J. Pennington	365 J. Pennington	625 A. Winterstein	1465 J. Penningt
45-49	465 P. Markle	315 T. Ramsey	550 P. Markle	1305 P. Markle
50-54	450 R. McLeod	315 R. McLeod	520 R. McLeod	1285 R. McLeod
55-59	560 J. Jacobs	405 J. Allen	500 J. Jacobs	1440 J. Jacobs
60-64	445 G. Guenther	330 T. Dozier	525 G. Guenther	1285 G. Guenther

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	415 C. Bulnes	205 C. Bulnes	460 C. Bulnes	1080 C. Bulnes
18-19	315 RJ Susson	190 RJ Susson	405 RJ Susson	910 RJ Susson
20-24	610 A. Burns-McD	460 A. Burns-McD	660 A. Burns-McD	1730 A. Burns-Mc
OPN	645 D. Beswick	470 A. Carvill	700 M. Strom	1695 D. Beswick
40-44	555 T. Evans	365 T. Evans	705 M. Strom	1570 T. Evans
45-49	450 S. Smith	365 T. Thomas	505 S. Smith	1250 S. Smith
50-54	365 J. Acevedo	470 J. Acevedo	490 J. Acevedo	1325 J. Acevedo
55-59	300 J. Allen	380 J. Allen	405 J. Allen	1085 J. Allen

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	OPEN			
18-19	OPEN			
20-24	OPEN			
OPN	465 L. Melendez	440 L. Melendez	590 L. Melendez	1445 L. Melendez
40-44	465 L. Melendez	440 L. Melendez	590 L. Melendez	1445 L. Melendez

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	OPEN			
18-19	OPEN			
20-24	OPEN			
OPN	690 R. Hodges	540 R. Hodges	745 R. Hodges	1925 R. Hodges
40-44	690 R. Hodges	540 R. Hodges	745 R. Hodges	1925 R. Hodges