

CONTEST RESULTS:

2023 FLORIDA STATE CHAMPIONSHIPS

Sanctioned by R.A.W. UNITED & 100% RAW
Hosted by Viera Charter School &
STRONG LIFE Powerlifting



WOMEN (results in pounds)

WC	BW	AGE	LIFTER	SQ	BP	DL	TL
66	57.2	8-9	Finleigh Caldwell	72	40	117	229
	58.4	8-9	Ari Aude	72	37	107	216
	58.0	8-9	Sofia Reyes	40	20	72	132
88	84.0	10-11	Emma Bilak	102	52	135	289
105	99.6	14-15	Natalie Norcross	177	75	225	477
	105.0	10-11	Maddie Welton	102	62	155	319
	98.2	12-13	Khloe Bodiford	95	45	135	275
114	109.0	14-15	Eliana Burrs	162	87	225	474
	111.1	14-15	Mariam Mizyed	155	77	200	432
	107.0	10-11	Madi Hadley	95	47	127	269
165	165.0	20-24	Erika Roman	185	105	265	555
	158.0	60-64	Marcella Love	107	72	177	356
198	191.8	OPEN	Taylor McQuesten	230	165	320	715
	188.0	16-17	Naomi Jaquish	-	75	-	-
198+	262.8	50-54	Anna Stamets	350	265	500	1115
	202.2	40-44	LaRiena Ferguson	420	210	410	1040
	260.0	45-49	Virginia Acevedo	-	70	-	-

MEN (results in pounds)

WC	BW	AGE	LIFTER	SQ	BP	DL	TL
66	63.4	6-7	Christopher Zollo	75	45	135	255
	54.0	6-7	Anthony Reyes	40	25	82	147
	43.8	5-U	Chase Zollo	35	22	55	112
88	88.0	12-13	Kellan Cladwell	115	65	162	342
	86.0	12-13	Mark Williams	87	52	135	274
	85.0	10-11	Matthew Williams	82	50	120	252
	83.8	8-9	Nathan Coffey	67	45	115	227
97	95.8	8-9	Gavin Michocki	110	45	147	302
105	102.0	12-13	Kai Vergara	115	55	150	320
	104.8	12-13	Ethan Phillips	87	67	165	319
114	105.0	14-15	Brock Vergara	165	90	240	495
	101.0	14-15	Alex Bittle	140	87	202	429
	107.6	10-11	Parker Mills	107	57	135	299
123	118.4	14-15	James Allarding	135	110	190	435
	120.0	16-17	Gabriel Claybough	-	100	175	275

MEN (continued)

WC	BW	AGE	LIFTER	SQ	BP	DL	TL
148	144.6	20-24	Jason Livingston	320	185	320	825
	141.0	14-15	Drake Small	265	185	360	810
	137.0	12-13	Josh Adams	135	80	247	462
	147.2	12-13	Shane Odom	140	87	200	427
	147.0	8-9	Micah Lundgren	112	62	142	316
165	165.0	20-24	Arpan Jani	390	265	520	1175
	165.0	12-13	Asher Lundgren	170	85	200	455
181	178.2	14-15	Anthony Vargas	325	170	425	920
198	198.0	OPEN	Brandon Martin	500	260	540	1300
	192.6	50-54	Greg Prince	480	180	480	1140
	183.2	20-24	Nathan Brown	340	245	535	1120
	188.0	16-17	Logan Acevedo	285	235	420	940
	188.2	18-19	Seth Ramsey	275	160	315	750
220	220.0	OPEN	Ian del Mundo	375	245	505	1125
	210.4	20-24	Cole Smith	350	280	450	1080
	207.0	60-64	Tony Yamnitz	207	180	327	714
	219.0	12-13	Jonathan Daniels	217	132	280	629
	219.0	18-19	Evan Jaquish	-	220	335	555

MEN (continued)

WC	BW	AGE	LIFTER	SQ	BP	DL	TL
275	250.0	50-54	Jorge Acevedo	365	470	490	1325
	247.0	55-59	James Allen	275	-	425	-



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WOMEN (results in kilos)

WC	BW	AGE	LIFTER	SQ	BP	DL	TL
30	25.95	8-9	Finleigh Caldwell	32.67	18.15	53.09	103.91
	26.50	8-9	Ari Aude	32.67	16.79	48.55	98.01
	26.32	8-9	Sofia Reyes	18.15	9.07	32.67	59.89
40	38.11	10-11	Emma Bilak	46.28	23.60	61.25	131.13
48	45.19	14-15	Natalie Norcross	80.30	34.02	102.09	216.41
	47.64	10-11	Maddie Welton	46.28	28.13	70.33	144.74
	44.56	12-13	Khloe Bodiford	43.10	20.42	61.25	124.77
52	49.46	14-15	Eliana Burrs	73.50	39.47	102.09	215.06
	50.41	14-15	Mariam Mizyed	70.33	34.94	90.74	196.01
	48.55	10-11	Madi Hadley	43.10	21.32	57.62	122.04
75	74.86	20-24	Erika Roman	83.94	47.64	120.24	251.82
	71.69	60-64	Marcella Love	48.55	32.67	80.31	161.53
90	87.02	OPEN	Taylor McQuesten	104.36	74.86	145.19	324.41
	85.30	16-17	Naomi Jaquish	-	34.03	-	-
90+	119.24	50-54	Anna Stamets	158.80	120.24	226.86	505.90
	91.74	40-44	LaRiena Ferguson	190.56	95.28	186.03	471.87
	117.97	45-49	Virginia Acevedo	-	31.76	-	-

MEN (results in kilos)

WC	BW	AGE	LIFTER	SQ	BP	DL	TL
30	28.77	6-7	Christopher Zollo	34.03	20.42	61.25	115.70
	24.50	6-7	Anthony Reyes	18.15	11.34	37.21	66.70
	19.88	5-U	Chase Zollo	15.88	9.98	24.95	50.81
40	39.93	12-13	Kellan Caldwell	52.18	29.49	73.50	155.17
	39.02	12-13	Mark Williams	39.47	23.59	61.25	124.31
	38.57	10-11	Matthew Williams	37.21	22.69	54.45	114.35
	38.02	8-9	Nathan Coffey	30.40	20.42	52.18	103.00
44	43.47	8-9	Gavin Michocki	49.91	20.42	66.70	137.03
48	46.28	12-13	Kai Vergara	52.18	24.95	68.06	145.19
	47.55	12-13	Ethan Phillips	39.47	30.34	74.86	144.67
52	47.64	14-15	Brock Vergara	74.86	40.83	108.89	224.58
	45.83	14-15	Alex Bittle	63.52	39.47	91.65	194.64
	48.82	10-11	Parker Mills	48.55	25.86	61.25	135.66
56	53.72	14-15	James Allarding	61.25	49.91	86.21	197.37
	54.45	16-17	Gabriel Claybough	-	45.37	79.40	124.77

MEN (continued)

WC	BW	AGE	LIFTER	SQ	BP	DL	TL
67	65.61	20-24	Jason Livingston	145.19	83.94	145.19	374.32
	63.97	14-15	Drake Small	120.24	83.94	163.34	367.52
	62.16	12-13	Josh Adams	61.25	36.30	112.07	209.62
	66.79	12-13	Shane Odom	63.52	39.47	90.74	193.73
	66.70	8-9	Micah Lundgren	50.82	28.13	64.43	143.38
75	74.86	20-24	Arpan Jani	176.95	120.24	235.93	533.12
	74.86	12-13	Asher Lundgren	77.13	38.57	90.74	206.44
82	80.85	14-15	Anthony Vargas	147.46	77.13	192.83	417.42
90	89.83	OPEN	Brandon Martin	226.86	117.97	245.01	589.84
	87.39	50-54	Greg Prince	217.79	81.67	217.79	517.25
	83.12	20-24	Nathan Brown	154.26	111.16	242.74	508.16
	85.30	16-17	Logan Acevedo	129.31	106.62	190.56	426.49
	85.39	18-19	Seth Ramsey	124.77	72.60	142.92	340.29
100	99.81	OPEN	Ian del Mundo	170.15	111.16	229.13	510.44
	95.46	20-24	Cokle Smith	158.80	127.04	204.17	490.01
	93.92	60-64	Tony Yamnitz	93.92	81.67	148.37	323.96
	99.36	12-13	Jonathan Daniels	98.46	59.89	127.04	285.39
	99.36	18-19	Evan Jaquish	-	99.82	152.00	251.82

MEN (continued)

WC	BW	AGE	LIFTER	SQ	BP	DL	TL
125	113.43	50-54	Jorge Acevedo	165.61	213.25	222.32	601.18
	112.07	55-59	James Allen	124.77	-	192.83	-

