

2023 R.A.W. UNITED CONTEST SCHEDULE



FRIDAY, SATURDAY, & SUNDAY, FEBRUARY 24-26

**2023 Youth & Teenage Florida State Championships
2023 Youth & Teenage National Qualifier
OPEN TO LIFTERS AGE 19-UNDER**

**2023 Men's & Women's Florida State Championships
2023 Men's & Women's National Qualifier
OPEN TO LIFTERS OF ALL AGES**

BOTH EVENTS SANCTIONED BY R.A.W. UNITED & 100% RAW

Viera Charter School * Viera, Florida

Contact Spero Tshontikidis * stronglife610inc@gmail.com * (321) 505-1194

SATURDAY, MARCH 4

**2023 Northwest Regional Championships
2023 Washington State Championships
2023 Men's & Women's National Qualifier
OPEN TO LIFTERS OF ALL AGES**

**Impakt Fitness
Kennewick, Washington**

Contact Larry Bush * larry_bush2000@yahoo.com * (509) 423-8348

SATURDAY, APRIL 15

2023 Grip It & Rip It Deadlift Classic

**Stronglife Training Facility / Crossfit Jaguar
Tampa, Florida**

Contact Bill Beekley * beekley220@gmail.com * (813) 362-1908

SATURDAY, JUNE 17

2023 Rumble in Rumford

**Gym Warriors
Rumford, Maine**

Paul DeSimone * pauldesimone01@aol.com * 978-766-6280



FRIDAY, SATURDAY, & SUNDAY, JUNE 16-18

**2023 R.A.W. UNITED FEDERATION CHAMPIONSHIPS
2023 100% RAW AMERICAN CHALLENGE**

**BOTH EVENTS SANCTIONED BY R.A.W. UNITED & 100% RAW
MUST QUALIFY TO COMPETE
OPEN TO QUALIFIED LIFTERS OF ALL AGES**

**Viera Charter School
Viera, Florida**

Contact Spero Tshontikidis * stronglife610inc@gmail.com * (321) 505-1194

SATURDAY, JULY 15

**2023 Idaho State Championships
World Class Fitness
Lewiston, Idaho**

Contact Mitch Thornton * dfitptc@gmail.com * (208) 750-8676

SATURDAY, OCTOBER 22

**16th Annual Tony Conyers Extravaganza
Strong Life Training Facility / Crossfit Jaguar
Tampa, Florida**

Contact Bill Beekley * beekley220@gmail.com * (813) 362-1908

NOVEMBER 16-19

**2023 100% RAW WORLD CHAMPIONSHIPS
Wyndham Virginia Beach Oceanfront
Virginia Beach, VA**

Contact Paul Bossi * rawlifting@aol.com * 252-339-5025

FRIDAY, SATURDAY, & SUNDAY, DECEMBER 15-17

**3rd Annual Patriot's Power Day: A Celebration of America
OPEN TO LIFTERS OF ALL AGES**

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