

# **2023 R.A.W. UNITED CONTEST SCHEDULE**



**FRIDAY, SATURDAY, & SUNDAY, FEBRUARY 24-26**

**2023 Youth & Teenage Florida State Championships  
2023 Youth & Teenage National Qualifier  
OPEN TO LIFTERS AGE 19-UNDER**

**2023 Men's & Women's Florida State Championships  
2023 Men's & Women's National Qualifier  
OPEN TO LIFTERS OF ALL AGES**

**BOTH EVENTS SANCTIONED BY R.A.W. UNITED & 100% RAW**

**Viera Charter School \* Viera, Florida**

Contact Spero Tshontikidis \* [stronglife610inc@gmail.com](mailto:stronglife610inc@gmail.com) \* (321) 505-1194

**SATURDAY, MARCH 4**

**2023 Northwest Regional Championships  
2023 Washington State Championships  
2023 Men's & Women's National Qualifier  
OPEN TO LIFTERS OF ALL AGES**

**Impakt Fitness  
Kennewick, Washington**

Contact Larry Bush \* [larry\\_bush2000@yahoo.com](mailto:larry_bush2000@yahoo.com) \* (509) 423-8348

**SATURDAY, APRIL 15**

**2023 Grip It & Rip It Deadlift Classic  
Stronglife Training Facility / Crossfit Jaguar  
Tampa, Florida**

Contact Bill Beekley \* [beekley220@gmail.com](mailto:beekley220@gmail.com) \* (813) 362-1908

**SATURDAY, JUNE 17**

**2023 Rumble in Rumford**

**Gym Warriors  
Rumford, Maine**

Paul DeSimone \* [pauldesimone01@aol.com](mailto:pauldesimone01@aol.com) \* 978-766-6280



**FRIDAY, SATURDAY, & SUNDAY, JUNE 23-25**

**2023 R.A.W. UNITED FEDERATION CHAMPIONSHIPS  
2023 100% RAW AMERICAN CHALLENGE**

**BOTH EVENTS SANCTIONED BY R.A.W. UNITED & 100% RAW  
MUST QUALIFY TO COMPETE  
OPEN TO QUALIFIED LIFTERS OF ALL AGES**

**Viera Charter School  
Viera, Florida**

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**SATURDAY, OCTOBER 22**

**16<sup>th</sup> Annual Tony Conyers Extravaganza  
Strong Life Training Facility / Crossfit Jaguar  
Tampa, Florida**

Contact Bill Beekley \* [beekley220@gmail.com](mailto:beekley220@gmail.com) \* (813) 362-1908

**NOVEMBER TBA**

**2023 100% RAW WORLD CHAMPIONSHIPS  
Wyndham Virginia Beach Oceanfront  
Virginia Beach, VA**

Contact Paul Bossi \* [rawlifting@aol.com](mailto:rawlifting@aol.com) \* 252-339-5025

**FRIDAY, SATURDAY, & SUNDAY, DECEMBER 15-17**

**3<sup>rd</sup> Annual Patriot's Power Day: A Celebration of America  
OPEN TO LIFTERS OF ALL AGES**

**SANCTIONED BY R.A.W. UNITED & 100% RAW**

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