

**R.A.W. UNITED  
MEN'S SINGLE LIFT  
FEDERATION RECORDS:**



**UPDATED: 25 DEC 2022**

# YOUTH SINGLE LIFT RECORDS, 13 - Under

## Men's 66 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
7-U	45 C. Zollo	125 C. Zollo
8-9	44.08 J. Waters	132.28 J. Waters
10-11	47 T. Fagnoli	135 T. Fagnoli

## Men's 77 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
8-9	45 K. Romeus	115 K. Romeus
10-11	47 K. Caldwell	120 K. Caldwell

## Men's 88 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
10-11	70 C. Brown	172 C. Brown
12-13	62 A. Waters	170 K. Caldwell

**Men's 97 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>8-9</b>	<b>45</b> <b>G. Michocki</b>	<b>121.25</b> <b>G. Michocki</b>
<b>10-11</b>	<b>75</b> <b>A. Waters</b>	<b>167</b> <b>A. Waters</b>
<b>12-13</b>	<b>82</b> <b>A. Waters</b>	<b>202</b> <b>A. Waters</b>

**Men's 105 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>10-11</b>	<b>60</b> <b>B. Osborn</b>	<b>142</b> <b>B. Osborn</b>
<b>12-13</b>	<b>80</b> <b>S. Osborn</b>	<b>155</b> <b>S. Osborn</b>

**Men's 114 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>12-13</b>	<b>93.70</b> <b>A. Waters</b>	<b>225.97</b> <b>A. Waters</b>

### **Men's 123 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>8-9</b>	<b>55</b> <b>T. Smith</b>	<b>142</b> <b>T. Smith</b>
<b>12-13</b>	<b>82</b> <b>D. Winslow</b>	<b>190</b> <b>D. Winslow</b>

### **Men's 132 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>10-11</b>	<b>85</b> <b>Q. Bowen</b>	<b>150</b> <b>Q. Bowen</b>
<b>12-13</b>	<b>150</b> <b>D. Small</b>	<b>305</b> <b>D. Small</b>

### **Men's 148 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>8-9</b>	<b>52</b> <b>M. Lundgren</b>	<b>135</b> <b>M. Lundgren</b>
<b>10-11</b>	<b>105</b> <b>D. Schmadeke</b>	<b>225</b> <b>D. Schmadeke</b>
<b>12-13</b>	<b>205</b> <b>D. Schmadeke</b>	<b>247</b> <b>D. Schmadeke</b>

**Men's 165 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>12-13</b>	<b>75</b> <b>A. Lundgren</b>	<b>180</b> <b>A. Lundgren</b>

**Men's 181 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>12-13</b>	<b>159.83</b> <b>D. Schmadeke</b>	<b>325.18</b> <b>D. Schmadeke</b> <b>D. Schmadeke</b>

**Men's 198 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>10-11</b>	<b>100</b> <b>Cu. Logman</b>	<b>205</b> <b>Cu. Logman</b>

**Men's 220 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>10-11</b>	<b>100</b> <b>Cr. Logman</b>	<b>205</b> <b>Cr. Logman</b>
<b>12-13</b>	<b>127</b> <b>J. Daniels</b>	<b>245</b> <b>J. Daniels</b>

**Men's 242 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPEN</b>		

**Men's 275 lb. class**

**Age**      **BENCH**      **DEADLIFT**

**OPEN**

**Men's 308 lb. class**

**Age**      **BENCH**      **DEADLIFT**

**OPEN**

**Men's 308+ lb. class**

**Age**      **BENCH**      **DEADLIFT**

**OPEN**

# TEENAGE SINGLE LIFT RECORDS, 14 - 19

## Men's 114 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>14-15</b>	<b>80</b> <b>A. Bittle</b>	<b>200</b> <b>A. Bittle</b>

## Men's 123 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>14-15</b>	<b>100</b> <b>C. Williams</b>	<b>245</b> <b>C. Williams</b>
<b>16-17</b>	<b>175</b> <b>M. Weinberg</b>	<b>315</b> <b>M. Weinberg</b>

## Men's 132 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>14-15</b>	<b>77.16</b> <b>B. Vergara</b>	<b>220.46</b> <b>B. Vergara</b>
<b>16-17</b>	<b>195</b> <b>P. Milburn</b>	<b>370</b> <b>P. Milburn</b>
<b>18-19</b>	<b>185</b> <b>M. Weinberg</b>	<b>320</b> <b>M. Weinberg</b>

**Men's 148 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>14-15</b>	<b>180</b> <b>W. Cook</b>	<b>350</b> <b>D. Small</b>
<b>16-17</b>	<b>225</b> <b>P. Milburn</b>	<b>410</b> <b>P. Milburn</b>

**Men's 165 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>14-15</b>	<b>205</b> <b>J. Louis</b>	<b>360</b> <b>C. Wimberly</b>
<b>16-17</b>	<b>225</b> <b>C. Keener</b>	<b>420</b> <b>C. Keener</b>

**Men's 181 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>14-15</b>	<b>255</b> <b>J. Louis</b>	<b>460</b> <b>C. Robinson</b>

**Men's 198 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>16-17</b>	<b>250</b> <b>B. Wood</b>	<b>520</b> <b>C. Robinson</b>



**Men's 220 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>14-15</b>	<b>245</b> <b>R. Lysne</b>	<b>455</b> <b>R. Lysne</b>
<b>16-17</b>	<b>270</b> <b>R. Lysne</b>	<b>551.15</b> <b>C. Robinson</b>
<b>18-19</b>	<b>275</b> <b>J. Young</b>	<b>500</b> <b>D. Schelhammer</b>

**Men's 242 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>14-15</b>	<b>175</b> <b>V. Chiellini</b>	<b>430</b> <b>V. Chiellini</b>
<b>14-15</b>	<b>160</b> <b>V. Chiellini</b>	<b>440</b> <b>V. Chiellini</b>
<b>18-19</b>	<b>340</b> <b>D. Samayoa</b>	<b>545</b> <b>A. Giguere</b>

**Men's 275 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>16-17</b>	<b>330</b> <b>T. Baune</b>	<b>645</b> <b>T. Baune</b>

**Men's 308 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>16-17</b>	<b>275</b> <b>C. Logman</b>	<b>405</b> <b>C. Logman</b>

**Men's 308+ lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPEN</b>		

# MEN'S SINGLE LIFT RECORDS, OPEN

## Men's 114 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>93.70</b> <b>A. Waters</b>	<b>225.97</b> <b>A. Waters</b>

## Men's 123 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>155</b> <b>M. Weinberg</b>	<b>285</b> <b>M. Weinberg</b>

## Men's 132 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>235</b> <b>M. Thornton</b>	<b>335</b> <b>M. Thornton</b>

## Men's 148 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>225</b> <b>P. Milburn</b>	<b>440</b> <b>R. Sheehan</b>

## Men's 165 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>370</b> <b>T. Conyers</b>	<b>600.75</b> <b>T. Conyers</b>

**Men's 181 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>350</b> <b>B. Adams</b>	<b>501.55</b> <b>B. Korkis</b>

**Men's 198 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>460</b> <b>J. Sunday</b>	<b>705</b> <b>J. Sunday</b>

**Men's 220 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>405</b> <b>C. Davis</b>	<b>640</b> <b>J. Jacobs</b>

**Men's 242 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>405</b> <b>S. Pruitt</b>	<b>700</b> <b>S. Pruitt</b>

**Men's 275 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>465</b> <b>J. Acevedo</b>	<b>660</b> <b>A. Burns-McD</b>

**Men's 308 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>415</b> <b>J. Stockton</b>	<b>590</b> <b>L. Melendez</b>

**Men's 308+ lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>540</b> <b>R. Hodges</b>	<b>745</b> <b>R. Hodges</b>

# **MEN'S SINGLE LIFT RECORDS, MASTERS**

## **Men's 114 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPEN</b>		

## **Men's 123 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPEN</b>		

## **Men's 132 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>55-59</b>	<b>203.9</b> <b>M. Thornton</b>	<b>319.6</b> <b>M. Thornton</b>

## **Men's 148 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>55-59</b>	<b>220</b> <b>M. Thornton</b>	<b>320</b> <b>M. Thornton</b>

**Men's 165 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>60-64</b>	<b>370</b> <b>T. Conyers</b>	<b>600.75</b> <b>T. Conyers</b>
<b>80-84</b>	<b>120</b> <b>P. Dworkin</b>	<b>205</b> <b>P. Dworkin</b>

**Men's 181 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>40-44</b>	<b>350</b> <b>B. Adams</b>	<b>405</b> <b>D. Angelakopoul</b>
<b>45-49</b>	<b>195</b> <b>D. Montone</b>	<b>380</b> <b>D. Montone</b>
<b>60-64</b>	<b>260</b> <b>R. White</b>	<b>447</b> <b>S. Tshontikidis</b>
<b>70-74</b>	<b>150</b> <b>G. Dixon</b>	<b>260</b> <b>G. Dixon</b>

**Men's 198 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>45-49</b>	<b>350</b> <b>D. Cochrell</b>	<b>450</b> <b>D. Cochrell</b>
<b>55-59</b>	<b>230</b> <b>D. Atwood</b>	<b>445</b> <b>D. Atwood</b>
<b>60-64</b>	<b>192</b> <b>S. Tshontikidis</b>	<b>465</b> <b>S. Tshontikidis</b>

**Men's 220 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>40-44</b>	<b>285</b> <b>D. Leonard</b>	<b>540</b> <b>D. Leonard</b>
<b>55-59</b>	<b>360</b> <b>J. Jacobs</b>	<b>640</b> <b>J. Jacobs</b>
<b>60-64</b>	<b>319.67</b> <b>T. Dozier</b>	<b>530</b> <b>B. Beekley</b>
<b>70-74</b>	<b>140</b> <b>G. Dixon</b>	<b>325</b> <b>G. Dixon</b>

**Men's 242 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>40-44</b>	<b>365</b> <b>J. Pennington</b>	<b>625</b> <b>A. Wintersten</b>
<b>55-59</b>	<b>405</b> <b>J. Allen</b>	<b>600</b> <b>J. Jacobs</b>
<b>60-64</b>	<b>317</b> <b>T. Dozier</b>	<b>525</b> <b>G. Guenther</b>



**Men's 275 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>40-44</b>	<b>365</b> <b>T. Evans</b>	<b>650</b> <b>T. Evans</b>
<b>45-49</b>	<b>465</b> <b>J. Acevedo</b>	<b>700</b> <b>T. Evans</b>
<b>50-54</b>	<b>315</b> <b>J. Martin</b>	<b>405</b> <b>J. Martin</b>
<b>60-64</b>	<b>265</b> <b>E. Freysinger</b>	<b>460</b> <b>E. Freysinger</b>

**Men's 308 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>40-44</b>	<b>440</b> <b>L. Melendez</b>	<b>550</b> <b>L. Melendez</b>
<b>45-49</b>	<b>355</b> <b>D. Nill</b>	<b>575</b> <b>D. Nill</b>

**Men's 308+ lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>40-44</b>	<b>540</b> <b>R. Hodges</b>	<b>745</b> <b>R. Hodges</b>
<b>45-49</b>	<b>215</b> <b>T. McLaughlin</b>	<b>375</b> <b>T. McLaughlin</b>