

**R.A.W. UNITED
MEN'S FULL POWER FEDERATION
RECORDS:**



UPDATED: 23 NOV 2022

YOUTH FULL POWER RECORDS, 13 - Under

Men's 66 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	90 E. Spragis-McM	42 M. Bilak	115 S. Smith	219 S. Smith
8-9	88.18 J. Waters	44.08 J. Waters	132.28 J. Waters	264.55 J. Waters
10-11	85 T. Fagnoli	47 T. Fagnoli	135 T. Fagnoli	264 T. Fagnoli

Men's 77 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	100 K. Romeus	45 K. Romeus	115 K. Romeus	260 K. Romeus
10-11	92 K. Caldwell	47 K. Caldwell	120 K. Caldwell	259 K. Caldwell

Men's 88 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	107 C. Brown	70 C. Brown	172 C. Brown	349 C. Brown
12-13	110 K. Caldwell	62 A. Waters	170 K. Caldwell	340 K. Caldwell

Men's 97 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	88.18 G. Michocki	45 G. Michocki	121.25 G. Michocki	253.53 G. Michocki
10-11	105 A. Waters	75 A. Waters	167 A. Waters	347 A. Waters
12-13	132 A. Waters	82 A. Waters	202 A. Waters	416 A. Waters

Men's 105 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
12-13	165.35 A. Waters	93.70 A. Waters	225.97 A. Waters	485.01 A. Waters

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	115 Q. Bowen	85 Q. Bowen	150 Q. Bowen	350 Q. Bowen
12-13	225 D. Small	150 D. Small	305 D. Small	680 D. Small

OPEN**Men's 148 lb. class**

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	155 D. Schmadeke	105 D. Schmadeke	225 D. Schmadeke	485 D. Schmade
12-13	170 D. Schmadeke	205 D. Schmadeke	247 D. Schmadeke	534 D. Schmade

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
12-13	236.99 D. Schmadeke	159.83 D. Schmadeke	325.18 D. Schmadeke	722.01 D. Schmade

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	165 Cu. Logman	100 Cu. Logman	205 Cu. Logman	470 Cu. Logman

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	165 Cr. Logman	100 Cr. Logman	205 Cr. Logman	470 Cr. Logman

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

TEENAGE FULL POWER RECORDS, 14 - 19

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	190 C. Williams	100 C. Williams	245 C. Williams	535 C. Williams
16-17	285 M. Weinberg	175 M. Weinberg	315 M. Weinberg	755 M. Weinber

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	154.32 B. Vergara	77.16 B. Vergara	220.46 B. Vergara	451.94 B. Vergara
16-17	330 P. Milburn	195 P. Milburn	370 P. Milburn	895 P. Milburn

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	248.02 D. Small	180 W. Cook	350 D. Small	740 D. Small
16-17	300 A. Crea	205 W. Cook	375 W. Cook	870 W. Cook

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	370 C. Wimberly	205 J. Louis	360 C. Wimberly	910 C. Wimberly
16-17	385 C. Wimberly	225 C. Keener	420 C. Keener	1000 C. Keener

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	365 J. Louis	255 J. Louis	460 C. Robinson	970 J. Louis

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
16-17	390 B. Wood	250 B. Wood	520 C. Robinson	1140 B. Wood

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	385 R. Lysne	245 R. Lysne	455 R. Lysne	1085 R. Lysne
16-17	395 R. Lysne	270 R. Lysne	465 R. Lysne	1130 R. Lysne
18-19	500 D. Schelhammer	275 J. Young	500 D. Schelhammer	1260 D. Schelha

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	290 V. Chiellini	175 V. Chiellini	430 V. Chiellini	895 V. Chiellini
18-19	500 D. Samayoa	340 D. Samayoa	545 A. Giguere	1340 D. Samayoa

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
16-17	425 T. Baune	330 T. Baune	645 T. Baune	1400 T. Baune

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
16-17	405 C. Logman	275 C. Logman	405 C. Logman	1085 C. Logman

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

MEN'S FULL POWER RECORDS, OPEN

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	165.35 A. Waters	93.70 A. Waters	225.97 A. Waters	485.01 A. Waters

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	285 M. Weinberg	175 M. Weinberg	315 M. Weinberg	755 M. Weinber

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	330 P. Milburn	195 P. Milburn	370 P. Milburn	895 P. Milburn

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	340 R. Sheehan	220 M. Thornton	440 R. Sheehan	1005 R. Sheehan

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	570 T. Conyers	370 T. Conyers	600.75 T. Conyers	1540 T. Conyers

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	424.39 B. Korkis	290 D. Johnson	501.55 B. Korkis	1190.16 B. Korkis

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	615 J. Sunday	460 J. Sunday	705 J. Sunday	1780 J. Sunday

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	550 J. Jacobs	405 C. Davis	640 J. Jacobs	1550 J. Jacobs

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	560 J. Jacobs	390 S. Pruitt	675 S. Pruitt	1610 S. Pruitt

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	610 A. Burns-McD	460 A. Burns-McD	660 A. Burns-McD	1730 A Burns-M

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	550 D. Nill	415 J. Stockton	575 D. Nill	1480 D. Nill

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	690 R. Hodges	540 R. Hodges	745 R. Hodges	1925 R. Hodges

MEN'S FULL POWER RECORDS, MASTERS

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
55-59	235 M. Thornton	220 M. Thornton	320 M. Thornton	775 M. Thornton

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
60-64	570 T. Conyers	370 T. Conyers	600.75 T. Conyers	1540 T. Conyers
80-84	140 P. Dworkin	120 P. Dworkin	205 P. Dworkin	465 P. Dworkin

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	315 D. Angelakopoul	255 D. Angelakopoul	405 D. Angelakopoul	975 D. Angelako
45-49	335 D. Montone	195 D. Montone	380 D. Montone	910 D. Montone
60-64	340 S. Tshontikidis	190 K. Leverette	440 S. Tshontikidis	967 S. Tshontiki
70-74	135 G. Dixon	150 G. Dixon	260 G. Dixon	585 G. Dixon

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
45-49	375 D. Forman	350 D. Cochrell	450 D. Cochrell	1115 D. Cochrell
55-59	375 D. Atwood	240 D. Atwood	445 D. Atwood	1050 D. Atwood
60-64	365 S. Tshontikidis	192 S. Tshontikidis	465 S. Tshontikidis	1022 S. Tshontiki

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	440 D. Leonard	285 D. Leonard	540 D. Leonard	1265 D. Leonard
55-59	550 J. Jacobs	360 J. Jacobs	640 J. Jacobs	1550 J. Jacobs
60-64	424.39 T. Dozier	319.67 T. Dozier	530 B. Beekley	1190 T. Dozier
70-74	205 G. Dixon	140 G. Dixon	325 G. Dixon	670 G. Dixon

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	500 J. Pennington	365 J. Pennington	625 A. Wintersten	1465 J. Penningt
55-59	560 J. Jacobs	405 J. Allen	500 J. Jacobs	1440 J. Jacobs
60-64	445 G. Guenthetr	317 T. Dozier	525 G. Guenther	1285 G. Guenther

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	555 T. Evans	365 T. Evans	650 T. Evans	1570 T. Evans
50-54	335 J. Martin	315 J. Martin	405 J. Martin	1055 J. Martin
60-64	445 E. Freysinger	265 E. Freysinger	460 E. Freysinger	1170 E. Freysing

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	455 L. Melendez	440 L. Melendez	550 L. Melendez	1445 L. Melendez
45-49	550 D. Nill	355 D. Nill	575 D. Nill	1480 D. Nill

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	690 R. Hodges	540 R. Hodges	745 R. Hodges	1925 R. Hodges
45-49	345 T. McLaughlin	215 T. McLaughlin	375 T. McLaughlin	935 T. McLaugh