

**PENNSYLVANIA:  
MEN'S SINGLE LIFT STATE  
RECORDS  
R.A.W. UNITED POWERLIFTING  
FEDERATION**



**UPDATED: 10 JUL 2022**

# YOUTH SINGLE LIFT RECORDS, 13-Under

## Men's 66 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

## Men's 77 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

## Men's 88 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

## Men's 97 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

## Men's 105 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

# SINGLE LIFT RECORDS, ALL AGES

## Men's 114 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>OPEN</b>	

## Men's 123 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>OPEN</b>	

## Men's 132 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>OPEN</b>	

## Men's 148 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>OPEN</b>	

## Men's 165 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>OPEN</b>	

**Men's 181 lb. class**

**Age**            **BENCH**            **DEADLIFT**

**OPN**            **OPEN**

**Men's 198 lb. class**

**Age**            **BENCH**            **DEADLIFT**

**OPN**            **OPEN**

**Men's 220 lb. class**

**Age**            **BENCH**            **DEADLIFT**

**OPN**            **OPEN**

**Men's 242 lb. class**

**Age**            **BENCH**            **DEADLIFT**

**OPN**            **OPEN**

**Men's 275 lb. class**

**Age**            **BENCH**            **DEADLIFT**

**OPN**            **OPEN**

**Men's 308 lb. class**

**Age**            **BENCH**            **DEADLIFT**

**OPN**            **OPEN**

**Men's 308+ lb. class**

**Age**            **BENCH**            **DEADLIFT**

**OPN**            **OPEN**