

**MASSACHUSETTS:
WOMEN'S SINGLE LIFT STATE
RECORDS
R.A.W. UNITED POWERLIFTING
FEDERATION**



UPDATED: 10 JUL 2022

YOUTH SINGLE LIFT RECORDS, 13-Under

Women's 66 lb. class

| Age | BENCH | DEADLIFT |
|-------------|--------------|-----------------|
| 13-U | OPEN | |

Women's 77 lb. class

| Age | BENCH | DEADLIFT |
|-------------|--------------|-----------------|
| 13-U | OPEN | |

Women's 88 lb. class

| Age | BENCH | DEADLIFT |
|-------------|--------------|-----------------|
| 13-U | OPEN | |

SINGLE LIFT RECORDS, ALL AGES

Women's 97 lb. class

| Age | BENCH | DEADLIFT |
|-------------|--------------|-----------------|
| 13-U | OPEN | |

Women's 105 lb. class

| Age | BENCH | DEADLIFT |
|-------------|--------------|-----------------|
| 13-U | OPEN | |

Women's 114 lb. class

| Age | BENCH | DEADLIFT |
|------------|--------------|-----------------|
| OPN | OPEN | |

Women's 123 lb. class

| Age | BENCH | DEADLIFT |
|------------|--------------|-----------------|
| OPN | OPEN | |

Women's 132 lb. class

| Age | BENCH | DEADLIFT |
|------------|--------------|-----------------|
| OPN | OPEN | |

Women's 148 lb. class

| | | |
|------------|--------------|-----------------|
| Age | BENCH | DEADLIFT |
| OPN | OPEN | |

Women's 165 lb. class

| | | |
|------------|-----------------------------|------------------------------|
| Age | BENCH | DEADLIFT |
| OPN | 95 T. Faia | 265 T. Faia |

Women's 181 lb. class

| | | |
|------------|--------------|-----------------|
| Age | BENCH | DEADLIFT |
| OPN | OPEN | |

Women's 198 lb. class

| | | |
|------------|--------------|-----------------|
| Age | BENCH | DEADLIFT |
| OPN | OPEN | |

Women's 198+ lb. class

| | | |
|------------|--------------|-----------------|
| Age | BENCH | DEADLIFT |
| OPN | OPEN | |