



*"The blues had a baby and they called it rock and roll"*

## **ABOUT UNIT FIVE:**

**UNIT FIVE** is a blues rock / classic rock band headquartered in Melbourne Beach, Florida, and consists of Caryn Tshontikidis on bass, Steve LeClair on guitar, Matt Thompson on drums, and Spero Tshontikidis on vocals.



Since the band's inception in 2017, they have supported youth and teenage lifters competing in R.A.W. United, and recently equipped the newly established Strong Life Training Facility in Indian Harbour Beach, Florida, with funds raised from local gigs.



Unit Five plays throughout Brevard County, with regular gigs at Whiskey Beach Pub (Satellite Beach), Monkey Bar (Indialantic), Oasis (Melbourne Beach), Bender (Downtown Melbourne), Mugsy's (Downtown Melbourne), Pineda Crossing (Melbourne), the Italian American Club (Melbourne), Lazy Turtle (Palm Bay), and Copper Chimney (Palm Bay).

Local lifters are encouraged to come out and support us as we currently raise funds to take the kids to the 2022 World Powerlifting Championships in November. Thanks!