

**R.A.W. UNITED
MEN'S FULL POWER FEDERATION
RECORDS:**



UPDATED: 15 MAR 2022

YOUTH FULL POWER RECORDS, 13 - Under

Men's 66 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	90 E. Spragis-McM	42 M. Bilak	110 S. Smith	212 M. Bilak
8-9	62 B. Koonce	32 B. Koonce	75 B. Koonce	169 B. Koonce
10-11	85 T. Fagnoli	47 T. Fagnoli	135 T. Fagnoli	264 T. Fagnoli

Men's 77 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	100 K. Romeus	45 K. Romeus	115 K. Romeus	260 K. Romeus
10-11	92 K. Caldwell	47 K. Caldwell	120 K. Caldwell	259 K. Caldwell

Men's 88 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	107 C. Brown	70 C. Brown	172 C. Brown	349 C. Brown
12-13	90 A. Waters	62 A. Waters	135 A. Waters	287 A. Waters

Men's 97 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	105 A. Waters	75 A. Waters	167 A. Waters	347 A. Waters

Men's 105 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	115 Q. Bowen	85 Q. Bowen	150 Q. Bowen	350 Q. Bowen
12-13	225 D. Small	150 D. Small	305 D. Small	680 D. Small
OPEN				

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	155 D. Schmadeke	105 D. Schmadeke	225 D. Schmadeke	485 D. Schmade
12-13	170 D. Schmadeke	205 D. Schmadeke	247 D. Schmadeke	534 D. Schmade

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 242 lb. class

Age SQUAT BENCH DEADLIFT TOTAL

OPEN

Men's 275 lb. class

Age SQUAT BENCH DEADLIFT TOTAL

OPEN

Men's 308 lb. class

Age SQUAT BENCH DEADLIFT TOTAL

OPEN

Men's 308+ lb. class

Age SQUAT BENCH DEADLIFT TOTAL

OPEN

TEENAGE FULL POWER RECORDS, 14 - 19

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	155 C. Williams	75 C. Williams	225 C. Williams	455 C. Williams
16-17	225 M. Weinberg	155 M. Weinberg	285 M. Weinberg	655 M. Weinber

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	210 W. Cook	180 W. Cook	300 W. Cook	690 W. Cook
16-17	300 A. Crea	195 W. Cook	375 W. Cook	825 W. Cook

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	370 C. Wimberly	205 J. Louis	360 C. Wimberly	910 C. Wimberly
16-17	355 C. Keener	225 C. Keener	420 C. Keener	1000 C. Keener

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	365 J. Louis	255 J. Louis	460 C. Robinson	970 J. Louis

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
16-17	385 B. Wood	245 B. Wood	520 C. Robinson	1100 B. Wood

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	385 R. Lysne	245 R. Lysne	455 R. Lysne	1085 R. Lysne
18-19	500 D. Schelhammer	275 J. Young	500 D. Schelhammer	1260 D. Schelha

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	230 V. Chiellini	165 V. Chiellini	400 V. Chiellini	780 V. Chiellini
18-19	500 D. Samayoa	340 D. Samayoa	545 A. Giguere	1340 D. Samayoa

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
16-17	425 T. Baune	330 T. Baune	645 T. Baune	1400 T. Baune

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

MEN'S FULL POWER RECORDS, OPEN

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	107 C. Brown	70 C. Brown	172 C. Brown	349 C. Brown

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	225 M. Weinberg	155 M. Weinberg	285 M. Weinberg	655 M. Weinber

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	225 D. Small	150 D. Small	305 D. Small	680 D. Small

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	340 R. Sheehan	220 M. Thornton	440 R. Sheehan	1005 R. Sheehan

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	550 T. Conyers	350 T. Conyers	600 T. Conyers	1500 T. Conyers

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	340 S. Tshontikidis	255 J. Louis	460 C. Robinson	995 N. Brown

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	615 J. Sunday	460 J. Sunday	705 J. Sunday	1780 J. Sunday

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	525 C. Davis	405 C. Davis	600 C. Wood	1505 C. Davis

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	560 J. Jacobs	380 J. Jacobs	625 A. Winterstein	1440 J. Jacobs

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	610 A. Burns-McD	460 A. Burns-McD	660 A. Burns-McD	1730 A Burns-M

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	550 D. Nill	415 J. Stockton	575 D. Nill	1480 D. Nill

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	620 R. Hodges	525 R. Hodges	725 R. Hodges	1870 R. Hodges

MEN'S FULL POWER RECORDS, MASTERS

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
55-59	235 M. Thornton	220 M. Thornton	320 M. Thornton	775 M. Thornton

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
60-64	550 T. Conyers	350 T. Conyers	600 T. Conyers	1500 T. Conyers

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	315 D. Angelakopoul	255 D. Angelakopoul	405 D. Angelakopoul	975 D. Angelako
45-49	335 D. Montone	195 D. Montone	380 D. Montone	910 D. Montone
60-64	340 S. Tshontikidis	187 S. Tshontikidis	440 S. Tshontikidis	967 S. Tshontiki
70-74	135 G. Dixon	150 G. Dixon	260 G. Dixon	585 G. Dixon

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
45-49	375 D. Forman	350 D. Cochrell	450 D. Cochrell	1115 D. Cochrell
55-59	375 D. Atwood	230 D. Atwood	445 D. Atwood	1050 D. Atwood
60-64	352 S. Tshontikidis	190 S. Tshontikidis	452 S. Tshontikidis	994 S. Tshontiki

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	440 D. Leonard	285 D. Leonard	540 D. Leonard	1265 D. Leonard

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	500 J. Pennington	365 J. Pennington	625 A. Wintersten	1465 J. Penningt
55-59	560 J. Jacobs	380 J. Jacobs	500 J. Jacobs	1440 J. Jacobs
60-64	445 G. Guenthetr	317 T. Dozier	525 G. Guenther	1285 G. Guenther

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	555 T. Evans	365 T. Evans	650 T. Evans	1570 T. Evans
50-54	335 J. Martin	315 J. Martin	405 J. Martin	1055 J. Martin
60-64	445 E. Freysinger	265 E. Freysinger	460 E. Freysinger	1170 E. Freysing

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	455 L. Melendez	440 L. Melendez	550 L. Melendez	1445 L. Melendez
45-49	550 D. Nill	355 D. Nill	575 D. Nill	1480 D. Nill

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	620 R. Hodges	525 R. Hodges	725 R. Hodges	1870 R. Hodges
45-49	345 T. McLaughlin	215 T. McLaughlin	375 T. McLaughlin	935 T. McLaugh