

**FLORIDA:
MEN'S FULL POWER STATE
RECORDS
R.A.W. UNITED POWERLIFTING
FEDERATION**



UPDATED: 10 MAR 2022

YOUTH FULL POWER RECORDS, 13-Under

Men's 66 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	90 E. Spragis-McM	42 M. Bilak	110 S. Smith	212 M. Bilak
8-9	75 Lo. Quiroga	42 Lo. Quiroga	100 Lo. Quiroga	217 Lo. Quiroga
10-11	87 T. Fagnoli	47 T. Fagnoli	132 T. Fagnoli	264 T. Fagnoli
12-13	55 D. Walcott	25 D. Walcott	85 D. Walcott	165 D. Walcott

Men's 77 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	OPEN			
8-9	100 K. Romeus	45 K. Romeus	115 K. Romeus	260 K. Romeus
10-11	92 K. Caldwell	47 K. Caldwell	130 K. Caldwell	259 K. Caldwell
12-13	OPEN			

Men's 88 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	OPEN			
8-9	OPEN			
10-11	107 C. Brown	70 C. Brown	172 C. Brown	349 C. Brown
12-13	90 A. Waters	62 A. Waters	135 A. Waters	287 A. Waters

Men's 97 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	OPEN			
8-9	OPEN			
10-11	87 De. Landis	57 De. Landis	120 De. Landis	264 De. Landis
12-13	120 La. Quiroga	80 La. Quiroga	167 A. Waters	360 La. Quiroga

Men's 105 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	OPEN			
8-9	OPEN			
10-11	OPEN			
13-U	OPEN			

MEN'S FULL POWER RECORDS, ALL AGES

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	120 La. Quiroga	80 La. Quiroga	160 La. Quiroga	360 La. Quiroga
14-15	OPEN			
16-17	OPEN			
18-19	OPEN			
20-24	OPEN			
OPN	120 La. Quiroga	80 La. Quiroga	160 La. Quiroga	360 La. Quiroga

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	155 A. Asmar	70 A. Asmar	205 A. Asmar	430 A. Asmar
14-15	305 T. Conyers	135 T. Conyers	365 T. Conyers	805 T. Conyers
16-17	225 M. Weinberg	155 M. Weinberg	285 M. Weinberg	655 M. Weinber
18-19	OPEN			
20-24	OPEN			
OPN	OPEN			

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	225 D. Small	150 D. Small	305 D. Small	680 D. Small
14-15	290 T. Conyers	140 J. Kent	360 T. Conyers	790 T. Conyers
16-17	315 T. Conyers	135 T. Conyers	365 T. Conyers	815 T. Conyers
18-19	OPEN			
20-24	OPEN			
OPN	330 R. Sheehan	205 R. Sheehan	435 R. Sheehan	970 R. Sheehan

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	170 D. Schmadeke	125 D. Schmadeke	247 D. Schmadeke	534 D. Schmade
14-15	OPEN			
16-17	330.7 T. Plyler	212 T. Plyler	440.9 T. Plyler	981.0 T. Plyler
18-19	450 J. Dayan	260 J. Dayan	530 J. Dayan	1240 J. Dayan
20-24	315 A. Jani	205 A. Jani	420 A. Jani	940 A. Jani
OPN	450 J. Dayan	260 J. Dayan	530 J. Dayan	1240 J. Dayan

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	330 B. Felts	240 B. Felts	430 B. Felts	1000 B. Felts
18-19	340 C. Newton	190 C. Newton	365 C. Newton	895 C. Newton
20-24	385 E. Cotroneo	295 E. Cotroneo	450 T. Conyers	1130 E. Cotroneo
OPN	611.8 B. Benedix	350 T. Conyers	600 T. Conyers	1500 T. Conyers
40-44	380 R. Earle	290 R. Earle	415 R. Earle	1085 R. Earle
50-54	355 J. Wisenbaker	285 C. Caparella	500 J. Wisenbaker	1135 J. Wisenbaker
60-64	550 T. Conyers	350 T. Conyers	600 T. Conyers	1500 T. Conyers
70-74	315 R. Magers	150 R. Magers	420 R. Magers	885 R. Magers

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	273 S. Ramsey	121 S. Ramsey	281 S. Ramsey	676 S. Ramsey
14-15	137.8 B. Nielsen	77.2 B. Nielsen	175 B. Nielsen	385.8 B. Nielsen
16-17	320 P. Donahue	240 P. Donahue	380 P. Donahue	940 P. Donahue
18-19	275 J. Cano	170 J. Cano	340 J. Cano	785 J. Cano
20-24	375 J. Reiss	276 R. Rippy	495 J. Reiss	1110 J. Reiss
OPN	540 P. Pires	370 P. Pires	615 P. Pires	1525 P. Pires
40-44	405 I. Hernandez	295 I. Hernandez	425 I. Hernandez	1125 I. Hernande
45-49	335 D. Montone	200 D. Montone	380 D. Montone	910 D. Montone
50-54	420 T. O'Brien	285 T. O'Brien	455 T. O'Brien	1160 T. O'Brien
55-59	375 D. Brewer	240 D. Brewer	440 D. Brewer	1055 D. Brewer
60-64	340 S. Tshontikidis	187 S. Tshontikidis	440 S. Tshontikidis	967 S. Tshon...

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	315 S. Ramsey	145 S. Ramsey	340 S. Ramsey	800 S. Ramsey
16-17	385 B. Wood	245 B. Wood	440 B. Wood	995 B. Wood
18-19	405 J. Young	245 J. Young	440 J. Young	1090 J. Young
20-24	620 T. Hurst	375 T. Hurst	565 T. Hurst	1560 T. Hurst
OPN	620 T. Hurst	460 J. Sundry	705 J. Sundry	1780 J. Sundry
45-49	350 C. Moore	250 C. Moore	415 C. Moore	1015 C. Moore
55-59	405 S. Tshontikidis	225 S. Tshontikidis	505 S. Tshontikidis	1135 S. Tshontikidis
60-64	352 S. Tshontikidis	190 S. Tshontikidis	452 S. Tshontikidis	994 S. Tshontikidis
70-74	135 G. Dixon	150 G. Dixon	300 G. Dixon	585 G. Dixon

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	225 C. Smith	142 C. Smith	320 C. Smith	687 C. Smith
14-15	270 C. Smith	170 C. Smith	370 C. Smith	810 C. Smith
16-17	340 A. Hung	212 A. Hung	400 A. Hung	952 A. Hung
18-19	500 D. Schelhammer	275 M. Nawn	500 D. Schelhammer	1260 D. Schelha
20-24	590 B. Elias	380 B. Elias	585 B. Elias	1555 B. Elias
OPN	600 G. Takacs	415 J. Bitter	675 K. Cavinder	1655 G. Takacs
40-44	512.6 C. Rousch	330.7 C. Rousch	562.2 C. Rousch	1405.5 C. Rousch
45-49	545.6 G. Prince	410 J. Whalen	600 J. Cobb	1460 J. Whalen
50-54	125 D. Tracy	190 D. Tracy	265 D. Tracy	680 D. Tracy
55-59	540 T. Wright	325 T. Dozier	530 T. Wright	1350 T. Wright
60-64	375 T. Dozier	325 T. Dozier	405 T. Dozier	1105 T. Dozier

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	410 C. Palinsky	275 C. Palinsky	475 C. Palinsky	1160 C. Palinsky
16-17	OPEN			
18-19	500 D. Samayoa	340 D. Samayoa	545 A. Giguere	1340 D. Samayoa
20-24	OPEN			
OPN	615 K. Cavinder	405 K. Cavinder	680 K. Cavinder	1700 K. Cavinder
40-44	500 J. Pennington	365 J. Pennington	625 A. Winterstein	1465 J. Penningt
45-49	465 P. Markle	315 T. Ramsey	550 P. Markle	1305 P. Markle
50-54	450 R. McLeod	315 R. McLeod	520 R. McLeod	1285 R. McLeod
55-59	560 J. Jacobs	380 J. Jacobs	500 J. Jacobs	1440 J. Jacobs
60-64	445 G. Guenther	330 T. Dozier	525 G. Guenther	1285 G. Guenther

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	415 C. Bulnes	205 C. Bulnes	460 C. Bulnes	1080 C. Bulnes
18-19	315 RJ Susson	190 RJ Susson	405 RJ Susson	910 RJ Susson
20-24	610 A. Burns-McD	460 A. Burns-McD	660 A. Burns-McD	1730 A. Burns-Mc
OPN	645 D. Beswick	470 A. Carvill	700 M. Strom	1695 D. Beswick
40-44	555 T. Evans	365 T. Evans	705 M. Strom	1570 T. Evans
45-49	450 S. Smith	365 T. Thomas	505 S. Smith	1250 S. Smith

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	OPEN			
18-19	OPEN			
20-24	OPEN			
OPN	445 L. Melendez	440 L. Melendez	565 L. Melendez	1445 L. Melendez
40-44	445 L. Melendez	440 L. Melendez	565 L. Melendez	1445 L. Melendez

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	OPEN			
14-15	OPEN			
16-17	OPEN			
18-19	OPEN			
20-24	OPEN			
OPN	620 R. Hodges	525 R. Hodges	725 R. Hodges	1870 R. Hodges
40-44	620 R. Hodges	525 R. Hodges	725 R. Hodges	1870 R. Hodges