

# **CONTEST RESULTS: BIGGEST BENCH ON THE BEACH**



**Saturday, February 5, 2022  
STRONG LIFE TRAINING FACILITY  
Indian Harbour Beach, Florida**

**Many thanks to everyone that competed at the “Biggest Bench on the Beach”  
at Strong Life Training Facility in Indian Harbour Beach!**

**Please scroll down for the results from the event, and congratulations to  
everyone that qualified for the 2022 R.A.W. UNITED NATIONAL  
CHAMPIONSHIPS (June 22-26) in Viera, Florida!**

**Thanks, and God Bless,**

*Spera*

## WOMEN

<b>WC</b>	<b>AG</b>	<b>Lifter</b>	<b>SQ</b>	<b>BP</b>	<b>DL</b>	<b>TL</b>
148	OPN	Lily Smiley	225	145	315	685

## MEN

<b>WC</b>	<b>AG</b>	<b>Lifter</b>	<b>SQ</b>	<b>BP</b>	<b>DL</b>	<b>TL</b>
66	7-U	Major Bilak	55	37	85	177
77	8-9	Josh Waters	50	35	90	170
88	12-13	Alex Waters	90	62	135	287
181	40-44	Brian Adams	-	345	-	-
198	60-64	Spero Tshontikidis	352	190	452	994
198	65-69	Jerry Marentette	-	245	-	-
242	40-44	Jason Pennington	500	365	600	1465

