

**R.A.W. UNITED
MEN'S FULL POWER FEDERATION
RECORDS:**



UPDATED: 01 JAN 2022

YOUTH FULL POWER RECORDS, 13 - Under

Men's 66 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	75 E. Spragis-McM	32 E. Spragis-McM	100 S. Smith	184 E. Spragis-
8-9	62 B. Koonce	32 B. Koonce	75 B. Koonce	169 B. Koonce
10-11	85 T. Fagnoli	47 T. Fagnoli	135 T. Fagnoli	264 T. Fagnoli

Men's 77 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	100 K. Romeus	45 K. Romeus	115 K. Romeus	260 K. Romeus
10-11	92 K. Caldwell	47 K. Caldwell	120 K. Caldwell	259 K. Caldwell

Men's 88 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	107 C. Brown	70 C. Brown	172 C. Brown	349 C. Brown

Men's 97 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	87 D. Landis	57 D. Landis	120 D. Landis	264 D. Landis

Men's 105 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
13-U	175 D. Small	135 D. Small	300 D. Small	610 D. Small

OPEN

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
10-11	155 D. Schmadeke	105 D. Schmadeke	225 D. Schmadeke	485 D. Schmade
12-13	170 D. Schmadeke	205 D. Schmadeke	247 D. Schmadeke	534 D. Schmade

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 242 lb. class

Age SQUAT BENCH DEADLIFT TOTAL

OPEN

Men's 275 lb. class

Age SQUAT BENCH DEADLIFT TOTAL

OPEN

Men's 308 lb. class

Age SQUAT BENCH DEADLIFT TOTAL

OPEN

Men's 308+ lb. class

Age SQUAT BENCH DEADLIFT TOTAL

OPEN

TEENAGE FULL POWER RECORDS, 14 - 19

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	155 C. Williams	75 C. Williams	225 C. Williams	455 C. Williams
16-17	225 M. Weinberg	155 M. Weinberg	285 M. Weinberg	655 M. Weinber

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	210 W. Cook	180 W. Cook	300 W. Cook	690 W. Cook

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	265	205	270	740

J. Louis

J. Louis

J. Louis

J. Louis

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	325 R. Lysne	215 C. Robinson	460 C. Robinson	955 C. Robinson

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	250 C. Smith	145 C. Smith	345 C. Smith	740 C. Smith
18-19	500 D. Schelhammer	275 J. Young	500 D. Schelhammer	1260 D. Schelha

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
14-15	230 V. Chiellini	165 V. Chiellini	400 V. Chiellini	780 V. Chiellini
18-19	500 D. Samayoa	340 D. Samayoa	545 A. Giguere	1340 D. Samayoa

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
16-17	405 T. Baune	300 T. Baune	595 T. Baune	1800 T. Baune

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

MEN'S FULL POWER RECORDS, OPEN

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	107 C. Brown	70 C. Brown	172 C. Brown	349 C. Brown

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	225 M. Weinberg	155 M. Weinberg	285 M. Weinberg	655 M. Weinber

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	340 R. Sheehan	220 M. Thornton	440 R. Sheehan	1005 R. Sheehan

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	550 T. Conyers	350 T. Conyers	600 T. Conyers	1500 T. Conyers

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	340 S. Tshontikidis	220 N. Brown	460 C. Robinson	967 S. Tshontiki

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	615 J. Sunday	460 J. Sunday	705 J. Sunday	1780 J. Sunday

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	525 C. Davis	405 C. Davis	600 C. Wood	1505 C. Davis

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	560 J. Jacobs	380 J. Jacobs	625 A. Winterstein	1440 J. Jacobs

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	610 A. Burns-McD	460 A. Burns-McD	660 A. Burns-McD	1730 A Burns-M

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	450 S. Thomas	415 J. Stockton	505 S. Thomas	1225 S. Thomas

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	620 R. Hodges	525 R. Hodges	725 R. Hodges	1870 R. Hodges

MEN'S FULL POWER RECORDS, MASTERS

Men's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Men's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
55-59	235 M. Thornton	220 M. Thornton	320 M. Thornton	775 M. Thornton

Men's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
60-64	550 T. Conyers	350 T. Conyers	600 T. Conyers	1500 T. Conyers

Men's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	315 D. Angelakopoul	255 D. Angelakopoul	405 D. Angelakopoul	975 D. Angelako
45-49	335 D. Montone	195 D. Montone	380 D. Montone	910 D. Montone
60-64	340 S. Tshontikidis	187 S. Tshontikidis	440 S. Tshontikidis	967 S. Tshontiki
70-74	135 G. Dixon	150 G. Dixon	260 G. Dixon	585 G. Dixon

Men's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
45-49	375 D. Forman	285 D. Forman	385 D. Forman	1045 D. Forman
55-59	345 D. Atwood	230 D. Atwood	425 D. Atwood	1000 D. Atwood

Men's 220 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	440 D. Leonard	285 D. Leonard	540 D. Leonard	1265 D. Leonard

Men's 242 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	395 A. Wintersten	320 A. Winterstein	625 A. Wintersten	1340 A. Winterst
55-59	560 J. Jacobs	380 J. Jacobs	500 J. Jacobs	1440 J. Jacobs
60-64	442 T. Dozier	317 T. Dozier	460 T. Dozier	1207 T. Dozier

Men's 275 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	555 T. Evans	365 T. Evans	650 T. Evans	1570 T. Evans
50-54	300 J. Martin	310 J. Martin	350 J. Martin	960 J. Martin

Men's 308 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	455 L. Melendez	440 L. Melendez	550 L. Melendez	1445 L. Melendez

Men's 308+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	620 R. Hodges	525 R. Hodges	725 R. Hodges	1870 R. Hodges