

**PENNSYLVANIA:
WOMEN'S SINGLE LIFT STATE
RECORDS
R.A.W. UNITED POWERLIFTING
FEDERATION**



UPDATED: 01 JAN 2022

YOUTH SINGLE LIFT RECORDS, 13-Under

Women's 66 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Women's 77 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Women's 88 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

SINGLE LIFT RECORDS, ALL AGES

Women's 97 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Women's 105 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Women's 114 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Women's 123 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Women's 132 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Women's 148 lb. class

Age	BENCH	DEADLIFT
20-24	175 M. Partenheimer	265 M. Partenheimer
OPN	175 M. Partenheimer	265 M. Partenheimer

Women's 165 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Women's 181 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Women's 198 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Women's 198+ lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	