

**PENNSYLVANIA:
MEN'S SINGLE LIFT STATE
RECORDS
R.A.W. UNITED POWERLIFTING
FEDERATION**



UPDATED: 01 JAN 2022

YOUTH SINGLE LIFT RECORDS, 13-Under

Men's 66 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Men's 77 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Men's 88 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Men's 97 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Men's 105 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

SINGLE LIFT RECORDS, ALL AGES

Men's 114 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Men's 123 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Men's 132 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Men's 148 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Men's 165 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Men's 181 lb. class

Age **BENCH** **DEADLIFT**

OPN **OPEN**

Men's 198 lb. class

Age **BENCH** **DEADLIFT**

OPN **OPEN**

Men's 220 lb. class

Age **BENCH** **DEADLIFT**

OPN **OPEN**

Men's 242 lb. class

Age **BENCH** **DEADLIFT**

OPN **OPEN**

Men's 275 lb. class

Age **BENCH** **DEADLIFT**

OPN **OPEN**

Men's 308 lb. class

Age **BENCH** **DEADLIFT**

OPN **OPEN**

Men's 308+ lb. class

Age **BENCH** **DEADLIFT**

OPN **OPEN**