

JUDEO-CHRISTIAN ROOTS

While we do not proselytize, both Strong Life 610, Inc. and the R.A.W. United Powerlifting Federation are Christian organizations, affording parents a family-friendly atmosphere for their children.

Strong Life 610, Inc. is the governing body for both the Federation and the gym and is grounded in Ephesians 6:10: “Be strong in the Lord and the power of His might.”



Strong Life Team Captain Natalie pulling a 177 pound record deadlift at the 2021 R.A.W. United Federation Championships

R.A.W. United, which stands for “Redeemed Among the World United,” is the nation’s fastest growing Christian Powerlifting Federation. Established in 2007 as a Florida-based company, we began expansion efforts in March 2021 and are currently sanctioning competitive events in both the Southeastern United States and the Pacific Northwest.