

**R.A.W. UNITED
WOMEN'S FULL POWER
FEDERATION RECORDS:**



**UPDATED:
05 AUGUST 2021**

YOUTH FULL POWER RECORDS, 13 - Under

Women's 66 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
7-U	65 F. Caldwell	30 F. Caldwell	72 F. Caldwell	167 F. Caldwell
10-11	102 A. Polacek	65 A. Polacek	142 A. Polacek	309 A. Polacek

Women's 77 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	97 A. Buitrago	52 A. Buitrago	127 A. Buitrago	276 A. Buitrago
10-11	65 L. Favero	40 L. Favero	100 L. Favero	205 L. Favero

Women's 88 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	115 M. Spragis-McM	55 M. Spragis-McM	142 M. Spragis-McM	312 Mia Spragis
10-11	77 P. Myers	37 P. Myers	100 P. Myers	202 P. Myers
12-13	137 N. Norcross	72 N. Norcross	177 N. Norcross	386 N. Norcross

Women's 97 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	47 R. Burns	27 R. Burns	75 R. Burns	149 R. Burns

Women's 105 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
8-9	77 D. Christian	55 D. Christian	142 D. Christian	274 D. Christian
12-13	135 G. Stapleton	75 G. Stapleton	205 G. Stapleton	415 G. Stapleto

Women's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
12-13	135 E. Burrs	75 E. Burrs	180 E. Burrs	390 E. Burrs

Women's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 198+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
12-13	200	75	205	480
	M. Hirsche	M. Hirsche	M. Hirsche	M. Hirsche

TEENAGE FULL POWER RECORDS, 14 - 19

Women's 97 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 105 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
16-17	180	115	200	495
	A. Thompson	A. Thompson	A. Thompson	A. Thomps

Women's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
16-17	185 C. Elkhart	95 C. Elkhart	225 C. Elkhart	505 C. Elkhart
18-19	280 A. Mendes	180 A. Mendes	305 A. Mendes	765 A. Mendes

Women's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 198+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

WOMEN'S FULL POWER RECORDS, OPEN

Women's 97 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	137 N. Norcross	72 N. Norcross	177 N. Norcross	386 N. Norcross

Women's 105 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	135 G. Stapleton	75 G. Stapleton	205 G. Stapleton	415 G. Stapleto

Women's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	180 A. Thompson	115 A. Thompson	200 A. Thompson	495 A. Thomps

Women's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	125 L. Hoyt	135 L. Hoyt	210 L. Hoyt	470 L. Hoyt

Women's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	280 A. Mendes	180 A. Mendes	305 A. Mendes	765 A. Mendes

Women's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 198+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPN	255 R. Bouie	155 R. Bouie	280 B. Temple	680 R. Bouie

WOMEN'S FULL POWER RECORDS, MASTERS

Women's 97 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 105 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 114 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 123 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
55-59	125	135	210	470
	L. Hoyt	L. Hoyt	L. Hoyt	L. Hoyt

Women's 132 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 148 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
40-44	190 E. Puisseau	125 E. Puisseau	225 E. Puisseau	540 E. Puisseau
60-64	225 S. LaForge	120 S. LaForge	335 S. LaForge	680 S. LaForge

Women's 165 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 181 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 198 lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
OPEN				

Women's 198+ lb. class

Age	SQUAT	BENCH	DEADLIFT	TOTAL
50-54	255 R. Bouie	155 R. Bouie	270 R. Bouie	680 R. Bouie
75-79	160 B. Temple	100 B. Temple	280 B. Temple	540 B. Temple