

**FLORIDA:
MEN'S FULL POWER STATE
RECORDS
R.A.W. UNITED POWERLIFTING
FEDERATION**



UPDATED: 05 AUG 2021

YOUTH FULL POWER RECORDS, 13-Under

Men's 66 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|------------------------------------|------------------------------------|------------------------------------|----------------------------------|
| 7-U | 65 E. Spragis-McM | 27 E. Spragis-McM | 75 E. Spragis-McM | 167 E. Spragis- |
| 8-9 | 75 Lo. Quiroga | 42 Lo. Quiroga | 100 Lo. Quiroga | 217 Lo. Quiroga |
| 10-11 | 87 T. Fagnoli | 47 T. Fagnoli | 132 T. Fagnoli | 264 T. Fagnoli |
| 12-13 | 55 D. Walcott | 25 D. Walcott | 85 D. Walcott | 165 D. Walcott |

Men's 77 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|---------------------------------|---------------------------------|----------------------------------|----------------------------------|
| 7-U | OPEN | | | |
| 8-9 | 100 K. Romeus | 45 K. Romeus | 115 K. Romeus | 260 K. Romeus |
| 10-11 | 92 K. Caldwell | 47 K. Caldwell | 130 K. Caldwell | 259 K. Caldwell |
| 12-13 | OPEN | | | |

Men's 88 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|-------------------------------|------------------------------|-------------------------------|-------------------------------|
| 7-U | OPEN | | | |
| 8-9 | OPEN | | | |
| 10-11 | 107 C. Brown | 70 C. Brown | 172 C. Brown | 349 C. Brown |
| 12-13 | OPEN | | | |

Men's 97 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|----------------------------------|---------------------------------|----------------------------------|----------------------------------|
| 7-U | OPEN | | | |
| 8-9 | OPEN | | | |
| 10-11 | 87 De. Landis | 57 De. Landis | 120 De. Landis | 264 De. Landis |
| 12-13 | 120 La. Quiroga | 80 La. Quiroga | 160 La. Quiroga | 360 La. Quiroga |

Men's 105 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------|--------------|-----------------|--------------|
| 7-U | OPEN | | | |
| 8-9 | OPEN | | | |
| 10-11 | OPEN | | | |
| 13-U | OPEN | | | |

MEN'S FULL POWER RECORDS, ALL AGES

Men's 114 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|---------------------------|--------------------------|---------------------------|---------------------------|
| 13-U | 120 La. Quiroga | 80 La. Quiroga | 160 La. Quiroga | 360 La. Quiroga |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | 120 La. Quiroga | 80 La. Quiroga | 160 La. Quiroga | 360 La. Quiroga |

Men's 123 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 13-U | 155 A. Asmar | 70 A. Asmar | 205 A. Asmar | 430 A. Asmar |
| 14-15 | 305 T. Conyers | 135 T. Conyers | 365 T. Conyers | 805 T. Conyers |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | OPEN | | | |

Men's 132 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|
| 13-U | 140 D. Small | 125 D. Small | 210 D. Small | 475 D. Small |
| 14-15 | 290 T. Conyers | 140 J. Kent | 360 T. Conyers | 790 T. Conyers |
| 16-17 | 315 T. Conyers | 135 T. Conyers | 365 T. Conyers | 815 T. Conyers |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | 330 R. Sheehan | 205 R. Sheehan | 435 R. Sheehan | 970 R. Sheehan |

Men's 148 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|-----------------------------------|-----------------------------------|-----------------------------------|----------------------------------|
| 13-U | 155 D. Schmadeke | 105 D. Schmadeke | 225 D. Schmadeke | 485 D. Schmade |
| 14-15 | OPEN | | | |
| 16-17 | 330.7 T. Plyler | 212 T. Plyler | 440.9 T. Plyler | 981.0 T. Plyler |
| 18-19 | 450 J. Dayan | 260 J. Dayan | 530 J. Dayan | 1240 J. Dayan |
| 20-24 | OPEN | | | |
| OPN | 450 J. Dayan | 260 J. Dayan | 530 J. Dayan | 1240 J. Dayan |

Men's 165 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|------------------------------------|-----------------------------------|------------------------------------|-------------------------------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | 330 B. Felts | 240 B. Felts | 430 B. Felts | 1000 B. Felts |
| 18-19 | 340 C. Newton | 190 C. Newton | 365 C. Newton | 895 C. Newton |
| 20-24 | 385 E. Cotroneo | 295 E. Cotroneo | 450 T. Conyers | 1130 E. Cotroneo |
| OPN | 611.8 B. Benedix | 350 T. Conyers | 600 T. Conyers | 1500 T. Conyers |
| 40-44 | 380 R. Earle | 290 R. Earle | 415 R. Earle | 1085 R. Earle |
| 50-54 | 355 J. Wisenbaker | 285 C. Caparella | 500 J. Wisenbaker | 1135 J. Wisenbaker |
| 60-64 | 550 T. Conyers | 350 T. Conyers | 600 T. Conyers | 1500 T. Conyers |
| 70-74 | 315 R. Magers | 150 R. Magers | 420 R. Magers | 885 R. Magers |

Men's 181 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------------------------------|--------------------------------------|--------------------------------------|-----------------------------------|
| 13-U | 273 S. Ramsey | 121 S. Ramsey | 281 S. Ramsey | 676 S. Ramsey |
| 14-15 | 137.8 B. Nielsen | 77.2 B. Nielsen | 175 B. Nielsen | 385.8 B. Nielsen |
| 16-17 | 320 P. Donahue | 240 P. Donahue | 380 P. Donahue | 940 P. Donahue |
| 18-19 | 275 J. Cano | 170 J. Cano | 340 J. Cano | 785 J. Cano |
| 20-24 | 375 J. Reiss | 276 R. Rippy | 495 J. Reiss | 1110 J. Reiss |
| OPN | 540 P. Pires | 370 P. Pires | 615 P. Pires | 1525 P. Pires |
| 40-44 | 405 I. Hernandez | 295 I. Hernandez | 425 I. Hernandez | 1125 I. Hernande |
| 45-49 | 320 D. Montone | 200 D. Montone | 375 D. Montone | 895 D. Montone |
| 50-54 | 420 T. O'Brien | 285 T. O'Brien | 455 T. O'Brien | 1160 T. O'Brien |
| 55-59 | 375 D. Brewer | 240 D. Brewer | 440 D. Brewer | 1055 D. Brewer |
| 60-64 | 327 S. Tshontikidis | 177 S. Tshontikidis | 427 S. Tshontikidis | 931 S. Tshon... |

Men's 198 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------------------------------|--------------------------------------|--------------------------------------|---------------------------------------|
| 13-U | OPEN | | | |
| 14-15 | 315 S. Ramsey | 145 S. Ramsey | 340 S. Ramsey | 800 S. Ramsey |
| 16-17 | 347.2 A. Hung | 209.4 A. Hung | 385.8 A. Hung | 942.5 A. Hung |
| 18-19 | 405 J. Young | 245 J. Young | 440 J. Young | 1090 J. Young |
| 20-24 | 620 T. Hurst | 375 T. Hurst | 565 T. Hurst | 1560 T. Hurst |
| OPN | 620 T. Hurst | 460 J. Sundry | 705 J. Sundry | 1780 J. Sundry |
| 45-49 | 350 C. Moore | 250 C. Moore | 415 C. Moore | 1015 C. Moore |
| 55-59 | 405 S. Tshontikidis | 225 S. Tshontikidis | 505 S. Tshontikidis | 1135 S. Tshontikidis |

Men's 220 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|-------------------------------------|----------------------------------|-------------------------------------|-----------------------------------|
| 13-U | 225 C. Smith | 142 C. Smith | 320 C. Smith | 687 C. Smith |
| 14-15 | OPEN | | | |
| 16-17 | 340 A. Hung | 212 A. Hung | 400 A. Hung | 952 A. Hung |
| 18-19 | 500 D. Schelhammer | 275 M. Nawn | 500 D. Schelhammer | 1260 D. Schelha |
| 20-24 | 590 B. Elias | 380 B. Elias | 585 B. Elias | 1555 B. Elias |
| OPN | 600 G. Takacs | 415 J. Bitter | 675 K. Cavinder | 1655 G. Takacs |
| 40-44 | 512.6 C. Rousch | 330.7 C. Rousch | 562.2 C. Rousch | 1405.5 C. Rousch |
| 45-49 | 545.6 G. Prince | 410 J. Whalen | 600 J. Cobb | 1460 J. Whalen |
| 50-54 | 125 D. Tracy | 190 D. Tracy | 265 D. Tracy | 680 D. Tracy |
| 55-59 | 540 T. Wright | 325 T. Dozier | 530 T. Wright | 1350 T. Wright |
| 60-64 | 375 T. Dozier | 325 T. Dozier | 405 T. Dozier | 1105 T. Dozier |

Men's 242 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|----------------------------------|-------------------------------------|-------------------------------------|-----------------------------------|
| 13-U | OPEN | | | |
| 14-15 | 410 C. Palinsky | 275 C. Palinsky | 475 C. Palinsky | 1160 C. Palinsky |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | 615 K. Cavinder | 405 K. Cavinder | 680 K. Cavinder | 1700 K. Cavinder |
| 40-44 | 415 T. Dozier | 310 A. Winterstein | 580 A. Winterstein | 1270 A. Winterst |
| 45-49 | 465 P. Markle | 315 T. Ramsey | 550 P. Markle | 1305 P. Markle |
| 50-54 | 450 R. McLeod | 315 R. McLeod | 520 R. McLeod | 1285 R. McLeod |
| 55-59 | 435 G. Guenther | 275 G. Guenther | 480 R. Boisclair | 1175 G. Guenther |
| 60-64 | 442 T. Dozier | 330 T. Dozier | 505 G. Guenther | 1270 G. Guenther |

Men's 275 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | 415 C. Bulnes | 205 C. Bulnes | 460 C. Bulnes | 1080 C. Bulnes |
| 18-19 | OPEN | | | |
| 20-24 | 610 A. Burns-McD | 460 A. Burns-McD | 660 A. Burns-McD | 1730 A. Burns-Mc |
| OPN | 645 D. Beswick | 470 A. Carvill | 700 M. Strom | 1695 D. Beswick |
| 45-49 | 450 S. Smith | 365 T. Thomas | 505 S. Smith | 1250 S. Smith |

Men's 308 lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|----------------------------------|----------------------------------|----------------------------------|-----------------------------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | 405 S. Thomas | 415 L. Melendez | 565 L. Melendez | 1365 L. Melendez |
| 40-44 | 385 L. Melendez | 415 L. Melendez | 565 L. Melendez | 1365 L. Melendez |

Men's 308+ lb. class

| Age | SQUAT | BENCH | DEADLIFT | TOTAL |
|--------------|--------------------------------|--------------------------------|--------------------------------|---------------------------------|
| 13-U | OPEN | | | |
| 14-15 | OPEN | | | |
| 16-17 | OPEN | | | |
| 18-19 | OPEN | | | |
| 20-24 | OPEN | | | |
| OPN | 620 R. Hodges | 525 R. Hodges | 725 R. Hodges | 1870 R. Hodges |
| 40-44 | 620 R. Hodges | 525 R. Hodges | 725 R. Hodges | 1870 R. Hodges |