

Results

2021 Grip It 'n Rip It

Saturday, April 24th, 2021

Stronglife Tampa Bay / Crossfit Jaguar

Friends,

Thank you so much for supporting both the R.A.W. United ministry and the 2021 Grip It 'n Rip It deadlift contest. Here are the results from the event.

Tim, Tony and Bill

WOMEN

Wt. Class	Age	Lifter	Deadlift
132	18	Madeline Espina	300
	51	Janina Davis	250
148	61	Suzanne LaForge	360
		Best Female Lifter	
	80	Bonnie Thurston	202
198	29	Evony Vance	345

**SCROLL
DOWN
FOR
MEN'S
RESULTS**

MEN

Wt. Class	Age	Lifter	Deadlift
181	52	Jon Wisenbaker	530
198	56	Chuck Caparella	380
	68	Mike Stensrud	320
220	14	Vinny Chiellini	355
	68	David Lee	220
242	54	James Jacobs	640
308+	43	Raymond Hodges	710
		Male Best Lifter	725 4th



