

**FLORIDA:
WOMEN'S SINGLE LIFT STATE
RECORDS
R.A.W. UNITED POWERLIFTING
FEDERATION**



UPDATED: 20 MAY 2021

YOUTH SINGLE LIFT RECORDS, 13-Under

Women's 66 lb. class

Age	BENCH	DEADLIFT
7-U	32 E. Johnson	95 E. Johnson
8-9	47 A. Buitrago	125 A. Buitrago
10-11	62 A. Polacek	137 A. Polacek
12-13	OPEN	

Women's 77 lb. class

Age	BENCH	DEADLIFT
7-U	40 E. Johnson	100 E. Johnson
8-9	50 M. Spragis-McM	135 M. Spragis-McM
10-11	55 G. Decker	135 G. Decker
12-13	60 N. Norcross	135 N. Norcross

Women's 88 lb. class

Age	BENCH	DEADLIFT
7-U	30 A. White	65 A. White
8-9	50 M. Spragis-McMu	140 M. Spragis-McMullen
10-11	35 N. Norcross	115 N. Norcross
12-13	65 N. Norcross	175 N. Norcross

WOMEN'S SINGLE LIFT RECORDS, ALL AGES

Women's 97 lb. class

Age	BENCH	DEADLIFT
13-U	65 N. Norcross	175 N. Norcross
14-15	OPEN	
16-17	OPEN	
18-19	OPEN	
20-24	100 E. Parker	
OPN	65 N. Norcross	175 N. Norcross
70-74	45 S. Bohling	115 S. Bohling
75-79	45 S. Bohling	137 S. Bohling

Women's 105 lb. class

Age	BENCH	DEADLIFT
13-U	75 G. Stapleton	220 L. Panchame
14-15	100 K. Ratliff	205 K. Ratliff
16-17	OPEN	
18-19	OPEN	
20-24	OPEN	
OPN	75 G. Stapleton	202 G. Stapleton
40-44	OPEN	

Women's 114 lb. class

Age	BENCH	DEADLIFT
13-U	80 E. Burrs	180 E. Burrs
14-15	OPEN	
16-17	72 A. Johnson	140 A. Johnson
18-19	85 A. Rowley	200 A. Rowley
20-24	OPEN	
OPN	210 L. Frumer	250 L. Frumer
45-49	110 K. Roberts	245 K. Roberts

Women's 123 lb. class

Age	BENCH	DEADLIFT
13-U	57 S. Bennett	170 S. Bennett
14-15	OPEN	
16-17	95 D. Sobel	245 D. Sobel
18-19	OPEN	
20-24	145 K. Venhorst	240 K. Venhorst
OPN	155 D. Lewis	255 D. Lewis
45-49	155 D. Lewis	255 D. Lewis
55-59	120 P. Jagar	240 P. Jagar
60-64	90 D. Sobel	240 D. Sobel
65-69	95 D. Sobel	250 D. Sobel

Women's 132 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	140 S. Heuett	275 S. Heuett
16-17	140 K. Akuna	275 K. Akuna
18-19	OPEN	300 M. Espina
20-24	OPEN	
OPN	150 L. Burgess-Smith	300 M. Espina
40-44	150 L. Burgess-Smith	290 L. Burgess Smith
45-49	175 T. Gold	190 T. Gold
50-54	OPEN	250 J. Davis

Women's 148 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	66 C. Peterson	132 C. Peterson
16-17	180 A. Mendes	245 A. Mendes
18-19	115 G. Swingle	275 G. Swingle
20-24	OPEN	
OPN	209 N. Morrison	420 S. LaForge
40-44	190 N. Hagstrom	275 N. Hagstrom
45-49	165 D. Lewis	275 C. Woldridge
50-54	152 E. Funchess	272 E. Funchess
55-59	176 S. LaForge	420 S. LaForge
60-64	135 S. LaForge	360 S. LaForge
70-74	65 C. Gutwirth	175 C. Gutwirth
75-79	107 J. Reynolds	205 J. Reynolds

Women's 148 lb. class (continued)

Age	BENCH	DEADLIFT
80-84	72 B. Thurston	202 B. Thurston
85-89	37 T. Daxon	140 T. Daxon
95-99	65 E. Traina	135 E. Traina

Women's 165 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	72 M. Luu	215 M. Luu
16-17	150 A. McElroy	265 A. McElroy
18-19	80 D. Reddy	215 D. Reddy
20-24	125 N. Warden	260 E. Petersen
OPN	187 C. Muniz	360 M. Kithcart
40-44	154 P. Harary	342 P. Harary
45-49	115 J. Bourgelais	245 J. Bourgelias
50-54	157 E. Funches	285 E. Funches
55-59	100 C. Sonne	175 C. Sonne
60-64	130 J. Montgomery	235 J. Montgomery
65-69	72 P. Winans	185 P. Winans
85-89	52 T. Daxon	152 T. Daxon

Women's 165 lb. class (continued)

Age	BENCH	DEADLIFT
90-94	32 T. Daxon	115 T. Daxon
95-99	65 E. Traina	145 E. Traina

Women's 181 lb. class

Age	BENCH	DEADLIFT
13-U	110 E. Haner	190 E. Haner
14-15	110 E. Haner	230 E. Haner
16-17	87 C. Lawson	225 C. Lawson
18-19	OPEN	
20-24	85 M. Garcia	260 M. Garcia
OPN	175 B. Bennett	500 T. Stallings
40-44	165 B. Bennett	315 B. Bennett
45-49	175 B. Bennett	315 B. Bennett
65-69	77 P. Winans	212 P. Winans

Women's 198 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	100 E. Christiansen	225 E. Christiansen
16-17	OPEN	
18-19	OPEN	
20-24	OPEN	
OPN	165 C. Glenn	360 C. Glenn
40-44	OPEN	
60-64	60 H. Omundson	160 H. Omundson
65-69	95 L. Petersen	182 H. Omundson

Women's 198+ lb. class

Age	BENCH	DEADLIFT
13-U	70 M. Hirsche	202 M. Hirsche
14-15	245 L. Buchanon	315 L. Buchanon
16-17	OPEN	
18-19	OPEN	
20-24	120 C. Hankins	260 C. Hankins
OPN	182 S. Lowman	375 A. Stamets
40-44	150 L. Ferguson	350 L. Ferguson
45-49	185 A. Stamets	405 A. Stamets
50-54	115 N. Hernandez	290 N. Hernandez
55-59	140 S. Franklin	285 S. Franklin
65-69	80 L. Peterson	150 L. Peterson