

# 2020 TONY CONYERS EXTRAVAGANZA

The 12<sup>th</sup> Annual Tony Conyers Extravaganza was an overwhelming success thanks to hosts Bill Beekley, Tony Conyers, and the great folks at CrossFit Jaquar and Strong Life Tampa Bay!

## WOMEN'S REVIEW

The ladies took to the platform in the morning session, featuring lifters from Beast Barbell, Strong Life Tampa Bay, and "Girls Gone Strong" from Viera Charter School.

Girls Gone Strong youth lifters Ashley Polacek (66 pound class), Natalie Norcross (77 pound class), Gaby Buigues (88 pound class), Grace Stapleton (105 pound class), Eliana Burrs (114 pound class), and Madison Hirsche (198+ pound class) were joined by teenage lifters Evelyn Haner (181 pound class) and Emily Christiansen (198 pound class) in the winner's circle. These girls won their respective classes and shattered the Florida State Record Books!

Leading the charge in the Open and Masters divisions were Lizbeth Panchame (105 pound class) and Val Wolfe (132 pound class). Both ladies won their classes, captured Best Lifter honors, and broke existing Florida State Records.

The 165 class saw some fierce battles. Nadia Warden's 605 pound total topped the 165s, followed by Emily Peterson at 555 and Mary Verardi at 545. Heidi Christiansen and Trudy Daxon rounded out the class. Brandi Bennett posted the day's biggest total at 765 pounds to win the 181s, and teenage lifter Emily Christiansen took first place in the 198s.

Congratulations to all the ladies that competed, and we hope to see you at the 2021 "Girls Gone Strong" Women's Open on Saturday, March 6, hosted by the girls from Viera Charter School in Viera, Florida!

## WOMEN'S YOUTH & TEENAGE

66	10-11	Ashley Polacek	80	50	115	245
			4 <sup>th</sup> 85			
	10-11	Greyson Decker	62	45	115	222
	8-9	Audrianna Buitrago	55	35	85	175
	8-9	Lacey Pittman	50	22	65	137
77	12-13	Natalie Norcross	97	60	135	292
	8-9	Mia Spragis-McMullen	77	40	115	232
			4 <sup>th</sup> 85			
88	12-13	Gaby Buigues	85	50	127	262
					4 <sup>th</sup> 135	
	10-11	Ari Snavelly	62	40	90	192
	12-13	Peyton Price	57	35	95	187

105	12-13	Grace Stapleton	97	55	150 4 <sup>th</sup> 167	302
	10-11	Mariam Mizyed	77	45	117	239
	10-11	Amelia De La Cruz	75	50	105	230
	10-11	Sara Crews	67	45	87	199
	12-13	Carolina Wright	62	47	85	194
114	10-11	Eliana Burrs	77 4 <sup>th</sup> 87	60	125	272
	12-13	Nalani Arce	90	50	117	257
	10-11	Bella Fallon	67	52	117	236
181	14-15	Evelyn Haner	195	110	230	535
198	14-15	Emily Christiansen	170	100	225	495
198+	12-13	Madison Hirsche	97	55	145 4 <sup>th</sup> 165	297

#### WOMEN'S OPEN

97		Natalie Norcross	97	60	135	292
		Gaby Buigues	85	50	127	262
105		Lizbeth Panchame	155	70	220	445
		Grace Stapleton	97	55	150 4 <sup>th</sup> 167	302
		Mariam Mizyed	77	45	117	239
114		Eliana Burrs	77 4 <sup>th</sup> 87	60	125	272
		Nalani Arce	90	50	117	257
123		Kay Carver		115	165	280
132		Val Wolfe	250	145	285	680
148		Janet Reynolds	135	105	205	445
		Bonnie Thurston	100	70	190	360
165		Nadia Warden	235	125	245	605
		Emily Peterson	190	105	260	555
		Mary Verardi	185	115	245	545
		Heidi Christianson	165	110	205	480
		Trudy Daxon	-	32	110	142
181		Brandie Bennett	275	175	315	765
		Evelyn Haner	195	110	230	535

198	Emily Christiansen	170	100	225	495
	LouAnn Petersen	100	80	165	345
	Holly Omundson	-	60	160	220
198+	Madison Hirsche	97	55	145	297
				4 <sup>th</sup> 165	

### **WOMEN'S MASTERS**

123	55-59 Kay Carver	-	115	165	280
132	40-44 Val Wolfe	250	145	285	680
148	75-79 Janet Reynolds	135	105	205	445
	80-84 Bonnie Thurston	100	70	190	360
165	50-54 Mary Verardi	185	115	245	545
	45-49 Heidi Christianson	165	110	205	480
	90-94 Trudy Daxon	-	32	110	142
181	45-49 Brandie Bennett	275	175	315	765
198	65-69 LouAnn Petersen	100	80	165	345
	60-64 Holly Omundson	-	60	160	220

### **MEN'S REVIEW**

The men took to the platform in the afternoon session and did not disappoint! Teenage 148 pounder Jacob Dayan posted huge numbers to win both the Teenage and Open divisions in the 148 pound class, and 181 pounder Israel Hernandez and 198 pounder Tanner Hurst brought home Best Lifter honors with their 1125 and 1560 totals, respectively.

Port Saint Lucie 181 pounder Tim O'Brien won both the Open and Masters divisions, while Brandon Elias (220, 1555 total), Kyle Hnatkiewicz (242, 1560 total), and Jonathan Sandomenico (275, 1435 total) posted big numbers to win their classes in the Open division.

Congratulations to Beast Barbell on their first place finish in the Mixed Team category and Girls Gone Strong from Viera Charter for capturing the Youth Division team title. And more congratulations to all the Session Two competitors - we hope to see you on the platform at the 2021 Florida State Championships on Saturday and Sunday, May 15 and 16, at Viera Charter School in Viera, Florida!

### **MEN'S YOUTH & TEENAGE**

148	18-19 Jacob Dayan	450	260	530	1240
220	14-15 Vinnie Chiellini	-	135	350	485

**MEN'S OPEN**

148	Jacob Dayan	450	260	530	1240
165	Nicolai Martinez	335	180	430	945
	Chris Bulnes	-	155	-	-
181	Tim O'Brien	420	275	440	1135
	Israel Hernandez	405	295	425	1125
	Chris Richardson	305	205	360	870
198	Tanner Hurst	620	375	565	1560
	Mannie Willis	550	405	515	1470
	Brian Herson	405	305	450	1160
	Chris Moore	350	250	415	1015
220	Brandon Elias	590	380	585	1555
	Chris Dunbar	370	260	440	1070
	Vinnie Chiellini	-	135	350	485
242	Kyle Hnatkiewicz	600	360	600	1560
	Gerry Guenther	440	330	500	1270
	Robert Boisclair	135	275	480	890
	Adam Winterstein	-	325	585	910
	Kirk Carver	-	290	-	-
275	Jonathan Sandomenico	555	335	545	1435
	Samuel Vaia	520	355	525	1400
	Jerimiah Hodges	390	230	455	1075
	Cyril Teague	460	280	460	1200
	Will Pukylo	415	-	470	-
	Sam Farrell	-	455	-	-
SHW	Carl Hall	520	220	435	1175

**MEN'S MASTERS**

165	45-49	Chris Bulnes	-	155	-	-
181	50-54	Tim O'Brien	420	275	440	1135
	40-44	Israel Hernandez	405	295	425	1125
198	45-49	Chris Moore	350	250	415	1015
242	60-64	Gerry Guenther	440	330	500	1270
	55-59	Robert Boisclair	135	275	480	890
	40-44	Adam Winterstein	-	325	585	910
	55-59	Kirk Carver	-	290	-	-
275	45-49	Will Pukylo	415	-	470	-
	50-54	Sam Farrell	-	455	-	-