



*Idaho State Chapter leader Dr. Mitch Thornton (left) and Zach Webster at the 2020 Beast of the Bench*

## **2020 BEAST OF THE BENCH**

R.A.W. United's Northwest contingency, led by Dr. Mitch Thornton, held their second successful powerlifting contest on December 12, 2020.

Here are the results from Mitch:

With everything going on with the Covid 19 restrictions and this being a "Bench Only" contest, we were impressed with the turnout. We had 15 lifters and saw some impressive benches. We split the lifters into two flights. Flight A consisted of men 181 pounds and below and all the women, while 198 pounders and up comprised Flight B.

## WOMEN'S REVIEW

Our ladies Master lifter, Heather Dorr, was competing in her first meet at the young age of 51. Roseann Jezerinac could not travel from Washington to Idaho due to Covid 19 protocols for her employment in the health care field. Being as we want to support our first responders, we allowed her to compete remotely from Seattle using video feed. Mariah Miller was our lady's Best Lifter; this was her first powerlifting contest as well.

## WOMEN'S OPEN

148	Mariah Miller	155
181	Roseann Jezerinac	145
	Heather Dorr	140

## WOMEN'S MASTER

181	50-51	Heather Dorr	140
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## MEN'S REVIEW

The men did not disappoint, either. We had two law enforcement officers, Darin Boyd and Cody Bloomsburg, and we thanked them for their service during these difficult times. Father and son Seth Brown (17) and Heath Brown (50) battled it out in the 165s, with Heath pushing 255 and Seth posting a state record 225 pound bench. The 220 pound class also had a battle, with Philip Miller taking top honors over "Superman" Jake Enthos.



*Dr. Mitch Thornton took Best Lifter honors with this 240 pound bench*

## **TEENAGE**

165 16-17 Seth Brown 225

275 14-15 Trevor Baune 280

## **MEN'S OPEN**

148 Mitch Thornton 240

165 Heath Brown 255  
Seth Brown 225

181 Cody Bloomsburg 315  
Zach Webster 275

198 Damon Cochrell 335

220 Philip Miller 390  
Jake Genthos 370  
Darin Boyd 305

242 Daniel Gonzalez 310

275 Trevor Baune 280

308 Kadan Kernin 385

## **MEN'S MASTERS**

148 55-59 Mitch Thornton 240

165 50-54 Heath Brown 255

198 40-44 Damon Cochrell 335

220 45-49 Darin Boyd 305

## **BEST LIFTERS**

Women's Best Lifter Mariah Miller

Men's Best Lifter Mitch Thornton

At the end of the day, we can honestly say that everyone had a great time. We would like to thank our meet staff Dora Thornton who ran the score table, Master of Ceremonies T.J. Richardson, and our referees, Josh, Anthony, Daniel, and Zach. Thanks to these folks, we have another successful event in the books!

We look forward to seeing all our lifters and supporters at our next scheduled event, the "R.A.W. United Northwest Powerlifting Championships" on Saturday, March 6, 2021.





*2020 Beast of the Bench lifters at the awards ceremony*

