

**IDAHO:
MEN'S SINGLE LIFT STATE
RECORDS
R.A.W. UNITED POWERLIFTING
FEDERATION**



UPDATED: 21 DECEMBER 2020

YOUTH SINGLE LIFT RECORDS, 13-Under

Men's 66 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Men's 77 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Men's 88 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Men's 97 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Men's 105 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

MEN'S SINGLE LIFT RECORDS, ALL AGES

Men's 114 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Men's 123 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Men's 132 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Men's 148 lb. class

Age	BENCH	DEADLIFT
OPN	245 M. Thornton	330 M. Thornton
55-59	245 M. Thornton	330 M. Thornton

Men's 165 lb. class

Age	BENCH	DEADLIFT
OPN	255 Z. Webster	385 Z. Webster

Men's 181 lb. class

Age	BENCH	DEADLIFT
OPN	315 C. Bloomsburg	455 C. Bloomsburg

Men's 198 lb. class

Age	BENCH	DEADLIFT
OPN	335 D. Cochrell	435 D. Gonzalez
40-44	335 D. Cochrell	
55-59	225 D. Atwood	420 D. Atwood

Men's 220 lb. class

Age	BENCH	DEADLIFT
OPN	390 P. Miller	440 D. Russell

Men's 242 lb. class

Age	BENCH	DEADLIFT
OPN	385 I. Fleming	605 I. Fleming

Men's 275 lb. class

Age	BENCH	DEADLIFT
14-15	280 T. Beune	515 T. Beune
OPN	280 T. Beune	515 T. Beune

Men's 308 lb. class

Age	BENCH	DEADLIFT
OPN	OPEN	

Men's 308+ lb. class

Age	BENCH	DEADLIFT
OPN	235 J. Husted	450 J. Husted