

**IDAHO MEN'S SINGLE LIFT STATE  
RECORDS:  
R.A.W. UNITED POWERLIFTING  
FEDERATION**



**UPDATED:  
01 OCTOBER 2020**

# **YOUTH SINGLE LIFT RECORDS, 13-Under**

## **Men's 66 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>13-U</b>	<b>OPEN</b>	

## **Men's 77 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>13-U</b>	<b>OPEN</b>	

## **Men's 88 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>13-U</b>	<b>OPEN</b>	

## **Men's 97 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>13-U</b>	<b>OPEN</b>	

## **Men's 105 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>13-U</b>	<b>OPEN</b>	

# MEN'S SINGLE LIFT RECORDS, ALL AGES

## Men's 114 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>OPEN</b>	

## Men's 123 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>OPEN</b>	

## Men's 132 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>OPEN</b>	

## Men's 148 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>245</b> <b>M. Thornton</b>	<b>330</b> <b>M. Thornton</b>
<b>55-59</b>	<b>245</b> <b>M. Thornton</b>	<b>330</b> <b>M. Thornton</b>

### Men's 165 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>255</b> <b>Z. Webster</b>	<b>385</b> <b>Z.Webster</b>

### Men's 181 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>300</b> <b>C. Bloomsburg</b>	<b>455</b> <b>C. Bloomsburg</b>

### Men's 198 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>310</b> <b>D. Gonzalez</b>	<b>435</b> <b>D. Gonzalez</b>
<b>55-59</b>	<b>225</b> <b>D. Atwood</b>	<b>420</b> <b>D. Atwood</b>

### Men's 220 lb. class

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>290</b> <b>D. Russell</b>	<b>440</b> <b>D. Russell</b>

**Men's 242 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>385</b> <b>I. Fleming</b>	<b>605</b> <b>I. Fleming</b>

**Men's 275 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>14-15</b>	<b>250</b> <b>T. Beune</b>	<b>515</b> <b>T. Beune</b>
<b>OPN</b>	<b>250</b> <b>T. Beune</b>	<b>515</b> <b>T. Beune</b>

**Men's 308 lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>OPEN</b>	

**Men's 308+ lb. class**

<b>Age</b>	<b>BENCH</b>	<b>DEADLIFT</b>
<b>OPN</b>	<b>235</b> <b>J. Husted</b>	<b>450</b> <b>J. Husted</b>