

**WOMEN'S SINGLE LIFT RECORDS:
R.A.W. UNITED POWERLIFTING
FEDERATION**



**UPDATED:
01 SEPTEMBER 2020**

YOUTH SINGLE LIFT RECORDS, 13-Under

Women's 66 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

Women's 77 lb. class

Age	BENCH	DEADLIFT
13-U	50 N. Norcross	125 N. Norcross

Women's 88 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	

WOMEN'S SINGLE LIFT RECORDS, ALL AGES

Women's 97 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	OPEN	
16-17	OPEN	
18-19	OPEN	
20-24	99 E. Parker	
OPN	OPEN	
70-74	45 S. Bohling	115 S. Bohling
75-79	45 S. Bohling	137 S. Bohling

Women's 105 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	OPEN	
16-17	OPEN	
18-19	OPEN	
20-24	OPEN	
OPN	OPEN	
40-44	OPEN	

Women's 114 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	60 S. Pliego	175 S. Pliego
16-17	72 A. Johnson	140 A. Johnson
18-19	OPEN	
20-24	OPEN	
OPN	110 K. Roberts	230 K. Roberts
45-49	110 K. Roberts	245 K. Roberts

Women's 123 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	OPEN	
16-17	95 D. Sobel	245 D. Sobel
18-19	OPEN	
20-24	145 K. Venhorst	240 K. Venhorst
OPN	155 D. Lewis	255 D. Lewis
45-49	155 D. Lewis	255 D. Lewis
55-59	120 P. Jagar	240 P. Jagar
60-64	90 D. Sobel	240 D. Sobel

Women's 132 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	140 S. Heuett	275 S. Heuett
16-17	140 K. Akuna	275 K. Akuna
18-19	OPEN	
20-24	OPEN	
OPN	175 T. Gold	285 V. Wolf
40-44	145 C. Woldridge	255 E. Puisseau
45-49	175 T. Gold	190 T. Gold

Women's 148 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	66 C. Peterson	132 C. Peterson
16-17	107 C. Ingram	185 C. Ingram
18-19	115 G. Swingle	275 G. Swingle
20-24	OPEN	
OPN	209 N. Morrison	420 S. LaForge
40-44	190 N. Hagstrom	275 N. Hagstrom
45-49	165 D. Lewis	205 A. Diaz
50-54	152 E. Funchess	272 E. Funchess
55-59	176 S. LaForge	420 S. LaForge
60-64	75 C. Myers	190 C. Myers
70-74	65 C. Gutwirth	175 C. Gutwirth
75-79	107 J. Reynolds	205 J. Reynolds

Women's 148 lb. class (continued)

Age	BENCH	DEADLIFT
80-84	65 B. Thurston	190 B. Thurston
85-89	37 T. Daxon	140 T. Daxon
95-99	65 E. Traina	135 E. Traina

Women's 165 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	72 M. Luu	215 M. Luu
18-19	80 D. Reddy	215 D. Reddy
20-24	OPEN	
OPN	187 C. Muniz	360 M. Kithcart
40-44	154 P. Harary	342 P. Harary
45-49	115 J. Bourgelais	245 J. Bourgelias
50-54	157 E. Funches	285 E. Funches
55-59	100 C. Sonne	175 C. Sonne
65-69	72 P. Winans	185 P. Winans
85-89	52 T. Daxon	152 T. Daxon
90-94	30 T. Daxon	115 T. Daxon
95-99	65 E. Traina	145 E. Traina

Women's 181 lb. class

Age	BENCH	DEADLIFT
13-U	110 E. Haner	190 E. Haner
14-15	OPEN	
16-17	87 C. Lawson	225 C. Lawson
18-19	OPEN	
20-24	85 M. Garcia	260 M. Garcia
OPN	165 B. Bennett	500 T. Stallings
40-44	165 B. Bennett	305 B. Bennett
65-69	77 P. Winans	212 P. Winans

Women's 198 lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	70 C. Lawson	190 C. Lawson
16-17	OPEN	
18-19	OPEN	
20-24	OPEN	
OPN	165 C. Glenn	360 C. Glenn
40-44	OPEN	

Women's 198+ lb. class

Age	BENCH	DEADLIFT
13-U	OPEN	
14-15	245 L. Buchanon	315 L. Buchanon
16-17	OPEN	
18-19	OPEN	
20-24	120 C. Hankins	260 C. Hankins
OPN	182 S. Lowman	370 L. Abbott
40-44	132 P. Fuchs	303 P. Fuchs
50-54	115 N. Hernandez	290 N. Hernandez
55-59	140 S. Franklin	285 S. Franklin
65-69	80 L. Peterson	150 L. Peterson