

# CONTEST LETTER: TONY CONYERS EXTRAVAGANZA



*"Be strong in the Lord and the power of His might"*  
*Ephesians 6:10*

**The 2020 Tony Conyers Extravaganza will be held on Saturday, November 21, at Crossfit Jaguar / STRONG LIFE Tampa Bay in Tampa, Florida.**

**The contest letter will be uploaded following the entry deadline on Saturday, October 31.**