

# 2020 Raw United State Championships

Sanctioned by R.A.W. United

**Meet Director:** Bill Beekley \* [beekley220@gmail.com](mailto:beekley220@gmail.com) \* 813-362-1908

**Venue:** Stronglife Training Facility / Crossfit Jaguar\* Tampa, Florida

**Schedule:**

<b>8/21</b>	<b>Weigh-Ins/Registration</b>	<b>9:00 am to noon</b> <b>3:00 pm to 7:00pm</b>
<b>8/22</b>	<b>Weigh-Ins/Registration</b>	<b>8:00 am to 9:00 am</b>
	<b>Rules Clinic</b>	<b>9:00 am to 9:15 am</b>
	<b>Warm-Ups, Flight A</b>	<b>9:15 am to 10:00 am</b>
	<b>Lifting Starts</b>	<b>10:00 am</b>

## ORDER OF LIFTING

will be determined at the Rules Clinic

**ALL LIFTERS must bring \$10.00 CASH to weigh-ins for their 2020 membership**

**Travel:** Directions to the meet site can be found on Google Maps. The venue address is: 9509 N. Trask St Tampa, Fl. 33624

**Lodging:** Directions to the lodging can be found on Google Maps. The hotel address is: Comfort Suites Near Raymond James Stadium \* 5421 W. Waters Ave. \* Tampa, FL 33634 \* 813-880-8938

**Rules:** Rules will be discussed at the Rules Clinic. Rules can be viewed at [www.StrongLife610.net](http://www.StrongLife610.net).

**Age Groups:**

<b>Youth</b>	<b>13-U</b>			
<b>Teenage</b>	<b>14-15</b>	<b>16-17</b>	<b>18-19</b>	
<b>Junior</b>	<b>20-23</b>			
<b>Open</b>	<b>24-39</b>			
<b>Master</b>	<b>40-44</b>	<b>45-49</b>	<b>50-54</b>	<b>etc.</b>

## Weight Classes:

**Women** 97 105 114 123 132 148 165 181 198 198+

**Men** 114 123 132 148 165 181 198 220 242 275

308 308+

**Attire:** RAW ONLY

**Lifters must wear a one-piece singlet, and may utilize a 4" leather belt, knee sleeves, and wrist wraps**

**Entry Fees:**

<b>Individual</b>	<b>\$60.00</b>	<b>includes contest shirt</b>
<b>Team</b>	<b>\$50.00</b>	<b>includes team award</b>
<b>Spectators</b>	<b>\$10.00</b>	

**Entry Deadline:** **Completed entry form and fees must be received (not postmarked) no later than Saturday August 1st .**

**Checks made out to "Stronglife Tampa Bay" !**

**Mail To:** **Bill Beekley \* 2424 W. Tampa Bay Blvd., Unit A108 \* Tampa , FL 33607.**

**Contest Letter:** **All lifters will receive a contest letter via e mail shortly following the entry deadline.**

**Questions:** **Bill Beekley \* [beekley220@gmail.com](mailto:beekley220@gmail.com) \* 813-362-1908**

**SCROLL DOWN FOR ENTRY!**

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Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone Number: \_\_\_\_\_ Age \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

## CIRCLE ONE:

Gender:            Female                            Male

Division:            Full Power            Push/Pull            Bench Only            Deadlift Only

Age Group:            Youth                            13-U  
                          Teenage                            14-15            16-17            18-19  
                          Junior                            20-23  
                          Open                            24-39  
                          Master                            40-44            45-49            50-54            \_\_\_\_\_

Shirt Size:            Small                            Medium            Large            XL            2XL            3X

## Weight Class:

*Women*            97    105    114    123    132    148    165    181    198    198+

*Men*            114            123    132    148    165    181    198    220    242  
                  275    308    308+

Entry Fee:            \$60.00

Mail To:            Bill Beekley \* 2424 W. Tampa Bay Blvd #A108 \* Tampa, FL 33634

**ATHLETES MUST COMPLETE AND SIGN THE R.A.W. UNITED RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY, AND THE PARENTAL CONSENT AGREEMENT (MINOR'S RELEASE)**

**Release, Waiver of Liability, Assumption of Risk, Indemnity, and Parental Consent Agreement**

In consideration of being permitted to participate in a powerlifting "activity," I, my personal representatives, assigned heirs, and next of kin: **ACKNOWLEDGES**, agree, and represent that I understand the nature of the activity and that I am qualified, in good health and in proper physical condition to participate in such activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

**I FULLY UNDERSTAND** that (a) **ATHLETIC ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("Risks")**; (b) these Risks and dangers may be caused by my own actions or in actions of others participating in the activity, the condition in which the activity takes place, or **THE NEGLIGENCE OF THE "RELEASES" NAMED BELOW**; (c) there may be **OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES** either not known to me or not readily foreseeable at this time. **I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** I incur as a result of my participation or that of the minor in the activity.

**I HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE** Redeemed Among the World United, Inc., **STRONG LIFE** Training Facility, Crossfit Jaguar, Bill Beekley, Tim Burns, Tony Conyers and any and all contest staff members, related affiliated and subsidiary companies of each, as well as the officers, directors, agents, employees, and assigns of each, coaches, officials, administrators, members, volunteers, participants, sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, and any other party indemnified and held harmless by R.A.W. United, Inc., (each considered one of the "RELEASE" herein) **FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, NEGLIGENT SECURITY, TRAVEL, AND RECREATIONAL OPERATIONS AND ACTIVITIES; AND I FURTHER AGREE** that if, despite this **RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT** I, or anyone on my behalf, makes a claim against any or all of the Releases, **I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASES** from any litigation expense, attorney fees, liability, damage, or cost which may incur as a result of such claim.

**Printed Name of Participant:** \_\_\_\_\_

**Participant's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**MINOR'S RELEASE**

**AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF ATHLETIC ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY, I HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS, LIABILITY, DAMAGE, OR ANY COST THAT MAY INCUR AS A RESULT OF ANY SUCH CLAIM.**

**Printed Name of Parent/Guardian:** \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_

**Date:** \_\_\_\_\_