

2017 STRONG LIFE BENCH BASH

June 10, 2017
STRONG LIFE Tampa Bay * Tampa, Florida

As iron sharpens iron, so one man sharpens another.
Proverbs 27:17

The 2017 version of Stronglife Tampa Bay's Bench Bash was a small turnout in numbers but huge in enthusiasm and intensity. Stronglife Tampa Bay had impressive performances from their "Senior division" with Trudy Daxon, Carmen Gutwirth and the amazing Edith "The E Train" Traina. Also making their Raw United debuts from Stronglife were the mother and son combination of Randa and Tony Berger. Roman Romanenko and Rich Meyer both had impressive days in the 198's. The big lift of the day came from Riverview's Joshua Whalen hitting 400 on his second attempt and coming real close with 415 on his third. Up and coming star Mike Strom crushed 375 on his third attempt. Expect big things from Mr. Strom in the near future. Many thanks to the Stronglife Tampa Bay Team for all of their support.

Women

132	Division	Bench
Randa Berger	60-64	67
148		
Janet Reynolds	75-79	107
Carmen Gutwirth	70-74	62
Edith Traina	95-99	62

165			
Trudy Daxon		85-89	52
Men			
198			
Rich Meyer		40-44	390
Roman Romanenko		SNR	305
242			
Joshua Whalen		40 - 44	400
275			
Mike Strom		SNR	375
308			
Tony Berger		SNR	335

