

**2017 Tony Conyers Extravaganza
Results**

Below are the results for the 2017 Tony Conyers Extravaganza. It was an impressive and exciting day of lifting at Stronglife Tampa Bay. Many records were smashed and will be updated on the site in a few days as long as Irma leaves this area alone. The women of Raw United continue to grow in numbers and strength. The lifting was highlighted by an over double bodyweight deadlift by Gigi LaCagnina and a massive 890 total by the great Suzanne LaForge. There were several newcomers to the platform with great performances as well. The girls of Stronglife Tampa Bay continue to progress under the watchful eye of their Coach James Jacobs.

The men were not to be overshadowed on this day and lit up the platform with some huge lifts and close battles. Peter Pires took the 181 title along with the pound for pound best lifter award for the men joining Suzanne LaForge on the women's side. The 198's were loaded with Pro wrestler Derrck Steele taking first place . Kevin Cavinder of Mount Dora captured the 220's pulling a huge 675 deadlift while nursing an injury. Julian Alessi turned in another solid performance in the 242's as did newcomer Scott Morgan in the 308+ class. James Jacobs had the big squat of the day with his 600 pound opener but then had to withdraw with a hamstring injury. The 275's ended in a tie between Austin Burdick and Shane Tumminello with Shane taking the title on bodyweight.

We want to thank all the lifters and spectators for coming out and supporting this event. We hope to see all of you at future competitions. We also would like to thank the platform crew and officials. They did an amazing job as there were no misloads and the bar did not touch the floor until we wanted it to. Donnie Kiernan was masterful as the master of ceremonies on the mike. Thanks to all once more and God bless.

Tony, Tim and Bill

Women		SQ	BP	DL	TOT
114					
Courtney Sheehan	SNR	200	115	260	575
123					
Kelsey Venhorst	18-19		140	205	345
132					
Kendall Danganan	SNR	180	95	250	525
Evelyn Puisseau	40-44	220	115	245	605
Georgana 'Gigi' LaCagnina	45-49	245	165	315	725
148					

Kathy Nettles	SNR	220	100	275	595
Suzanne LaForge	55-59	310	160	420	890
165					
Monica Rochon	SNR	290	180	320	790
Kate Miller	70-74	75	75	145	295
181					
Rebecca Sheehan	SNR	240	135	190	565
Daniela Mishler	SNR	175	95	210	210
198+					
Mala Veerasawmy	45-49	225	155	285	665
Nadine Hernandez	45-49	240	120	300	660

MEN

132					
Aiden Asmar	13-U	145	55	175	375
148					
Robert Sheehan	SNR	315	230	380	853
Max Rava	SNR				
165					
Darius Conyers	SNR	485	265	545	1295
Anthony Empuno	SNR	365	280	450	1095
Sammy Vaia	SNR	370	300	XX	
181					
Christopher Newton	18-19	385	220	425	1030
Peter Pires	SNR	540	370	615	1525
Evan Cotreneo	SNR	355	290	450	1095
Matthew Stringer	SNR	365	265	425	1055
Bob Dulong	SNR	335	275	405	1015
Jaymes Longstrom	SNR	360	225	420	1005
198					
Derrick Steele	SNR	510	325	615	1450
Kyle Hnatkiewicz	SNR	485	315	535	1335
Roman Romanenko	SNR	460	315	500	1275
Bradley Brown	SNR	405	185	535	1125
220					
Kevin Cavinder	SNR	555	385	675	1615
Niko Valdez	SNR	500	445	545	1490
Thomas Dozier	55-59	345	325	375	1045
Michale Franke	SNR		450		
242					
Julian Alessi	SNR	525	330	585	1440
Deniss Puliscuks	SNR	295	305	470	1070
James Jacobs	50-54	600	385	XXX	

275

Shane Tumminello SNR 525 355 525 1405

Austin Burdick SNR 455 365 585 1405

308+

Scott Morgan SNR 485 315 530 1330