

2017 Senior Open Results

This year's Senior Open was a day of great lifting and enthusiastic support from spectators and fellow athletes. Many Raw United records were shattered and will be updated on the web site soon. There was a very powerful performance from the home team of Stronglife Tampa Bay and a very impressive team from Crossfit Fort Myers. Quite a few first time competitors were mixed in with some solid veterans making for an impressive roster.

The women rocked the house with Tiffany Conyers was the second lightest competitor but had the second highest deadlift behind the huge 380 from Monica Rochon. The 148's were highlighted with a couple of newcomers to the platform Megan Williams, Kathy Nettles and Anthonette Conyers in only her second competition. The sky seems to be the limit for these three ladies. There were also veteran's from Stronglife Tampa Bay and Cristi Woldridge from Fort Myers. Nadine Hernandez had an impressive debut as did Erika Schneider.

The step-brothers Conyers had huge performances in the lightweight men's classes as did 11 year old Aiden Asmar. The men's middle heavyweights were stacked with solid performances. Raul Gutierrez, Ryan Finch and Brandon Long battled it out in the 198 senior's , with Raul coming out on top. In the 220's a massive total was turned in by Jason Cobb from Crossfit Fort Myers as well as great performances by veterans Brantly Kelly and Todd Wright. Men's heavyweights were highlighted by another huge day from Dominic Beswick from University of Central Florida.

We thank all who came out to compete and support. We also want to recognize Brian Highnote, Morgan Mann, Scott Wilson and ChrisHammerle from Blessed Iron Barbell. They took control of the platform and did an outstanding job. I must also mention Rick Hoover, Tim Burns, Virgil Diaz, Ian Velez and Tony Conyers for their fine efforts. The meet would not be possible without the selfless efforts of these fine gentlemen. God Bless.

Tim, Tony and Bill

Women

123

Tiffany Conyers	SNR	255	105	325	685
Diane Sobel	65-69	145	90	240	475

132

Evelyn Puisseau	40-44	200	115	230	545
Randa Berger	60-64	90	77	160	327

148

Megan Williams	SNR	230	155	320	705
Anthonette Conyers	SNR	225	125	240	590
Kathy Nettles	SNR	210	100	235	545

Cristi Woldridge	40-44	200	130	250	580
Carmen Gutwirth	70-74		65	170	235
Bonnie Thurston	75-79	80	77	180	337
Edith Traina	95-99		65	135	195
165					
Monica Rochon	SNR	260	185	380	825
198+					
Nadine Hernandez	45-49	240	110	290	640
Erika Schneider	55-59	100	80	175	355
MEN					
123					
Ty Conyers	14-15	305	135	365	805
132					
Aiden Asmar	13-U	155	70	205	430
165					
Darius Conyers	SNR	455	260	540	1255
Charles Caparella	50-54			365	365
181					
Andrew Floren	SNR	455	315	500	1270
Bryce Poppell	SNR	405	245	495	1145
Tim O'Brien	50-54	435	290	475	1200
Douglas Brewer	55-59	375	240	440	1055
198					
Raul Gutierrez	SNR	510	320	610	1440
Ryan Finch	SNR	435	325	535	1295
Brandon Long	SNR	415	360	500	1275
Brad Merrill	SNR	365	285	460	1110
220					
Matthew Nawn	18-19	395	275	440	1110
Roy Ramos	SNR	455	340	520	1315
Jason Cobb	45-49	500	300	600	1400
Daniel Tracy	50-54	225	190	265	680
Todd Wright	55-59	540	280	530	1350
Brantly Kelly	55-59	480	225	570	1275
Thomas Dozier	55-59	345	300	315	960
Charlie Nelson	60-64			450	450
242					
Paul Markle	45-49	465	290	550	1305
Ron Squires	55-59		320	530	850
275					
Dominic Beswick	SNR	645	400	650	1695
Steve Smith	45-49	350	315	475	1140

